

INSIDE CARLY SIMON'S 'BROKEN HEART' {page 14}

metro®



Max 48°
Min 31°

PHILADELPHIA

They allegedly killed a man for an \$11 pizza

► Four young people between 18 and 23 reportedly lured married father of four to SW Philly house ► As two women waited on a doorstep, two men gunned down deliveryman from behind, cops say ► All they took was the pizza {page 02}



Keyona Jones



Michael Covington



Rashad Cheeseboro



Xylaca Devlin

News

Gloves are off: Republicans fighting dirty

► Romney gets negative to hit back at Gingrich, calls Newt erratic like a 'pinball machine'
► Attacks won't slow {page 05}

Hey parents, you must chill

If you're too anxious about your children it could really screw them up {page 15}



Kimmel Center for the performing arts

WIN TWO TICKETS

TO PADDY MOLONEY AND THE CHIEFTAINS ON MARCH 9TH IN VERIZON HALL!!!!

Log on to www.metro.us/philadelphia/clubmetro for your chance to win!

Sign up for Club Metro and stay in the loop to win great prizes and receive special offers!

4 FOR \$60

YOU SAVE \$80 BUCKS!

BUY 4 FACTORY OIL CHANGES FOR \$60. THAT'S \$15 EACH!

Pay \$60 for the first Oil Change and the 3 are FREE! Oil change coupons expire 24 months from the date of the original lube, oil & filter purchase at participating Chrysler Group LLC dealers only. (Up to 5 quarts only. Additional charges may be applied for HEMI and fluid disposal). Service Contract Essential. Care oil change offer is made by the dealer, who is solely responsible for it. Plan offered on 1995 to current year vehicles (excluding Crossfire, Viper, Power, Diesels, SRT10) and all other vehicles that require synthetic or semi synthetic oil). See your Service Advisor for more details. BUCKLE UP FOR SAFETY!

BARBERA'S AUTOLAND

SCHEDULE YOUR APPOINTMENT TODAY!

215-335-3800

7810 Roosevelt Blvd., Philadelphia, PA

1

In the news

State rep. targets gun law

A state lawmaker's proposal to take teeth away from local gun-control legislation, which includes 48 Pennsylvania municipalities that mandate "lost or stolen reporting," goes up for debate today in Harrisburg. A bill by Rep. Daryl Metcalfe, R-Butler, would, among other things, reimburse gun owners penalized by local courts. **METRO**

In the news



Purple donuts for the kids!

Krispy Kreme is selling a purple donut this week to raise awareness for Big Brothers Big Sisters Southeastern PA and the culmination of National Mentoring Month in January. The regional chapter, which serves more than 4,000 children, will receive 10 cents from every purple donut sold. **METRO**



▶ Lynn

Hearing in priest abuse allegations held

Prosecutors in the priest sex-abuse case charging four men with molesting two boys argued yesterday during a pre-trial hearing that alleged abuse by dozens of other "predator priests" should be admitted at trial.

Prosecutors claim the prior alleged acts, which stretch

back decades, show a "willful blindness by the archdiocese" and defendant Monsignor William Lynn, who is accused of turning a blind eye.

Defense attorneys have argued that the prior acts are not being charged, that they are beyond the statute of limitations and that it would be impossible

to find witnesses to corroborate the events, some of which allegedly happened in the 1970s.

Also charged in the case are defrocked priests Charles Engelhardt and James Brennan and lay teacher Bernard Shero. Avery, Engelhardt and Shero allegedly attacked the same 10-year-old altar boy at St.

Jerome's Parish in Northeast Philadelphia at separate times from 1998 to 2000. Brennan is charged with assaulting a 14-year-old boy in 1996 during a "sleepover."

All five are expected to face trial in March, with jury selection to begin Feb. 22.

METRO/SDL



▶ In honor of JoePa.

Paterno services announced

PENNSYLVANIA. Funeral services for legendary Penn State coach Joe Paterno were announced by his family yesterday, with three days of memorializing the football coach's life starting this afternoon.

A public viewing will be held from 1 to 11 p.m. at State College's Pasquerilla Spiritual Center, which Paterno and his wife helped build through donations.

The public viewing will continue at 8 a.m. to noon tomorrow at the spiritual center. His private funeral will follow at 2 p.m.

On Thursday, a memorial service will be held 2 p.m. at the Bryce Jordan Center in State College. Thousands are expected throughout the three days. Dignitaries from across Pennsylvania, throughout major college football and even national figures from across the country are expected to attend. Paterno, 85, died of lung cancer on Sunday.

METRO

\$4M

Amount the Paternos donated back to Penn State, some of which went to construction of the Pasquerilla Spiritual Center, where he will lie in repose.

They wanted a pizza, so they killed delivery guy?

▶ Barbaric, 'senseless' murder allegedly by four young people in SW Philly defies explanation, cops say ▶ Good-humored victim 'never had a chance'

Four young people lured a deliveryman to an abandoned house and killed him over a \$11 pizza, police said.

All four are charged with murder for allegedly placing a bogus takeout order that led to an abandoned house and for killing 29-year-old deliveryman Ronald Anderson Jr. when he showed up Jan. 3 with the food.

"They were all friends, they all know each other, and for some reason, they came up with the idea to order pizza and rob the man for the food," Homicide Capt. James Clark said. "I would say they were intent on killing him from the second he got out of the vehicle."

"When he pulled up, he didn't have a chance."

Xylaca Devlin, 18, allegedly placed the order from Hot Spot Pizza at 7000 Elmwood Ave. and gave a delivery address on the 2500 block of South Massey Street. Devlin and fellow defendant Keyona Jones, 18, waited in front of the property as decoys so the house would seem occupied, Clark said.

Anderson Jr. barely made it out of the car when he was



▶ Anderson Jr. only worked at Hot Spot for several months before he was killed. His wife, Shanna, also worked at the pizza shop.

ambushed by two armed men, allegedly Rashad Cheeseboro, 23, and Michael Covington, 21. They shot him multiple times, took the pizza and fled on foot, according to police. Detectives don't know why

they didn't take anything else.

Police arrested Devlin on Jan. 6 and took Jones, the final suspect arrested, into custody on Friday. "It was totally senseless," Clark said. "The only thing they got away with

was a pizza."

According to Hot Spot's menu, a plain extra-large pizza costs \$10.90.

ALEX WIGGLESWORTH
awigglesworth@metro.us

Anderson honored on Facebook

A Facebook page titled "R.I.P. Ron Anderson Jr.," created by one of his stepdaughters, reads:

"I was a 29 year old man when my life was taken in the worst cowardice [sic] way. While I was delivering pizza I was shot in the back and leg, which led to my death. I left behind my wife Shanna. We have 4 beautiful children, I will miss everyone very much!"

On the job

Here are some of Anderson's tweets related to his job as a pizza deliveryman for Hot Spot on Elmwood Avenue in Southwest Philadelphia.

- ▶ F— first delivery, of course its the wrong address. It's gonna be one of those days!
APR 15
- ▶ I'm sick of not being tipped...I'm bout to start takin out my own tips
MAY 17
- ▶ Wow u can tell its the 1st of the month
SEPT. 1

60 seconds with ...

"THERE'S A LESS ACTIVE POPULATION OF CHILDREN NOW"

Philadelphia has the highest percentage of obese adolescents in the nation: 40.7 percent of the city's children were either obese or overweight in 2010, reports the Health Department. Department of Human Services Commissioner Anne Marie Ambrose answered some questions.

What are some contributing factors to childhood obesity?

I think a lack of activity. When we were kids, we used to play outside a lot. Now there are TVs, computers — all those little devices kids are using. I think there's a less active population of children now. I also think there are less healthy alternatives that we're emphasizing, like sugary drinks, a lack of portion control and limited access to



► DHS Commissioner
Anne Marie Ambrose

fresh fruits and vegetables. **What kind of childhood health problems are linked to obesity?**

It can aggravate things like diabetes — it can actually cause Type II diabetes in children — high blood pressure, hypertension, sleep apnea and can worsen conditions like asthma and other breathing issues.

Can children be placed in foster care for being obese?

We really do not want to take children into the child welfare system just for being obese. ... If there's a life-threatening medical condition because of obesity, we have the responsibility to remove a child from the home to get their medical condition stabilized.



ALEX WIGGLESWORTH
awigglesworth@metro.us

Winter. Belmont Plateau



► Fairmount Park's Belmont Plateau reminded of an idyllic Robert Frost scene yesterday morning.

BEARD LARMA/METRO

Fairmount white — for now

Snow from the weekend is melting — and fast. Today, temperatures will reach at least 45 degrees for the second day in a row. A high of 51 is expected by later this afternoon, then remain in the middle or upper 40s for the rest of the week. ● METRO

IMAGINE GETTING UP TO \$225 JUST FOR SWITCHING TO A GOOD BANK.

GET \$125

GET \$100

\$225

- Open your first personal checking account by 2/14/12
- Make at least one deposit of \$250 by 3/14/12
- Make at least 20 electronic payments with any combination of online payments, automatic payments and debit card payments that clear your account by 4/14/12

If you also open a money market account or certificate of deposit with \$10,000 or more

TOTAL

Isn't it time you experienced good banking? Offer expires 2/14/12.

CALL 877-777-7150

COME IN to any Citizens Bank or one of our ACME® branches **OPEN 7 DAYS**

GOOD BANKING IS GOOD CITIZENSHIP™ Citizens Bank®

Offer available in select markets only. Offer may be withdrawn without notice. Cannot be combined with any other checking offer. Primary account holder may not be or have been a primary or secondary signer on any personal account within the previous six months. Student Money Bundle accounts are not eligible. Bonuses will be reported to the IRS. Make at least one deposit of at least \$250 that posts to your checking account by 3/14/12. Qualifying payments are defined as any Debit Card purchase, automatic electronic payments, and payments made using our Online Bill Pay Service. For an Online Bill Payment, you must enroll in Online Banking and use the Bill Pay service; payments to yourself do not qualify. Variable-rate Annual Percentage Yield (APY) for Checking with Interest varies by account and tier. For example, as of 1/6/12, APY by tier for Personal Checking with Interest is: 0.03% for \$25+, \$2,500+, \$10,000+, \$25,000+, \$50,000+, \$75,000+. Fees may reduce earnings. Your account will be paid up to a \$225 "Balance Builder Bonus" by 7/31/12 if your account is open and in good standing. One bonus each per customer. Annual Percentage Yield (APY) for Performance Money Market Account as of 1/6/12; may vary before or after opening; APY by tier is: VT and OH (Toledo): 0.70% for \$10,000+, \$25,000+, \$50,000+, \$100,000+, \$250,000+, \$500,000+, \$1,000,000+, 0.30% for \$3,000,000+, 0.05% below \$10,000; DE and OH (Cleveland): 0.75% for \$10,000+, \$25,000+, \$50,000+, \$100,000+, \$250,000+, \$500,000+, \$1,000,000+, and 0.30% for \$3,000,000+, 0.05% below \$10,000; RI: 0.85% for \$10,000+, \$25,000+, \$50,000+, \$100,000+, \$250,000+, \$500,000+, \$1,000,000+, and 0.30% for \$3,000,000+, 0.05% below \$10,000; CT, NH, and MI: 0.90% for \$10,000+, \$25,000+, \$50,000+, \$100,000+, \$250,000+, \$500,000+, \$1,000,000+, and 0.30% for \$3,000,000+, 0.05% below \$10,000; MA, NY, NJ, and PA: 1.00% for \$10,000+, \$25,000+, \$50,000+, \$100,000+, \$250,000+, \$500,000+, \$1,000,000+, and 0.30% for \$3,000,000+, 0.05% below \$10,000. Annual Percentage Yield (APY) for CD Account varies by account. For example, as of 1/6/12, APY for a 60 month CD is 1.50%. Penalty for early withdrawal. Member FDIC. Citizens Bank is a brand name of RBS Citizens N.A. and Citizens Bank of Pennsylvania.

Any bottom to city's black hole?

► School district again faces massive, potential \$270 million 'structural challenge' ► Elected officials fed up with way leadership at district runs public school system

Seven months after city lawmakers approved a property-tax increase to help put the School District of Philadelphia on solid financial footing, elected officials questioned the district's latest money woes.

The district said last week it needs to cut \$61 million by the end of the school year and that it faces a "structural challenge" of \$269 million next school year. Tom Knudsen, the former CEO of Philadelphia Gas Works, has been appointed chief recovery officer to oversee the cuts for the next six months.

"I'd say that the burden is on the school district to show that the [current] numbers are true." BUTKOVITZ

Councilman Bill Green said the district has not adapted to better compete with charter schools.

"It's got to seriously change the way it runs public schools and it hasn't effectively done that," he said. Green noted that

in previous years school officials have either not answered Council's questions or provided unsatisfactory answers, yet Council must approve funding.

City Controller Alan Butkovitz questioned why this year's setback wasn't noticed sooner, pointing to the Memorandum of Understanding signed last year by the district that was supposed to provide the city and state with unparalleled and "historic" oversight into its finances.

"Does that mean that the reports they were filing were untrue? Why should the city be

surprised now?" Butkovitz asked. "I'd say that the burden is on the school district to show that the [current] numbers are true."

Some Council members have said they would be hard-pressed to support more funding for the district yet again.

"We have to find other ways to come up with funding because 'John and Jane Q. Public' can't stand another tax increase," Councilwoman Jannie Blackwell said.

SOLOMON D. LEACH
sleach@metro.us



Council, district talked yesterday

Council members met privately with Tom Knudsen, the district's new recovery officer, and SRC members Pedro Ramos and Feather Houston yesterday to get a briefing on the district's plan.

School officials said they do not know exactly how they will close the \$61 million

shortfall by June, according to Councilwoman Jannie Blackwell, who chairs the Council's education committee.

► "What happens from here we don't know, but we do feel that Pedro and Feather and Tom are engaged, intelligent and know what they're talking about," Blackwell said. "I feel certain they're working on [a plan] and we're going to have all the dialogue we want to have. We came out feeling hopeful."

The truth about fast in Philly.

MetroPCS has 4G^{LTE}



Fast state-of-the-art 4G^{LTE} network

- No annual contract
- Unlimited, talk, text, web & video
- 4G^{LTE} plans as low as \$40 a month

SAMSUNG Craft

~~\$299~~ Now just

\$39*

*when you transfer your existing phone # from another carrier

Cricket doesn't

NOPE
NADA
ZILCH
NO WAY
NOTHIN'
ZERO

everybody's moving to metro>

4G^{LTE} coverage and services not available everywhere. Rates, services and features subject to change and vary by plan. \$40 4G^{LTE} plan includes 100 MB of multimedia streaming access. Other plans available. See store or metropcs.com for specific Terms and Conditions of Service, coverage areas, handset capabilities and any applicable restrictions. Phones not shown actual size and screen images simulated. MetroPCS-related trademarks, service marks, and other intellectual property are the exclusive properties of MetroPCS Wireless, Inc. All other brands, product names, company names, trademarks, service marks, images, symbols, copyrighted material, and other intellectual property are the properties of their respective owners. ©2011 MetroPCS Wireless, Inc.

No more Mr. Nice Gov.

► Former front-runner Romney fights fire with fire by getting into the negative attack game ► Hits Gingrich hard on character issues ► But Gingrich hits right back

Republican presidential candidate Mitt Romney yesterday sharpened his attacks on rival Newt Gingrich's business past and character ahead of a crucial debate in which Romney needs a strong performance to recharge his bid for the White House.

Romney blasted Gingrich yesterday as an erratic politician who has switched positions "almost like a pinball machine," in a toughening of his rhetoric to try to halt his chief rival's surprising momentum.

Seeking to regain his footing after losing Saturday's South Carolina primary badly to Gingrich, Romney challenged the former speaker of the House of Representatives to return the \$1.6 million in consulting fees he made from Freddie Mac and detail the work he performed for the troubled mortgage giant.

It looked to be a tit-for-tat "disclosure" tactic on Romney's

"I think as you look at the speaker's record over time, it's been highly erratic. He's gone from pillar to post almost like a pinball machine, from item to item in a way which is highly erratic." ROMNEY

part after Gingrich effectively attacked him last week for not releasing his tax returns. Romney, who is worth some \$270 million, will disclose two years of returns today.

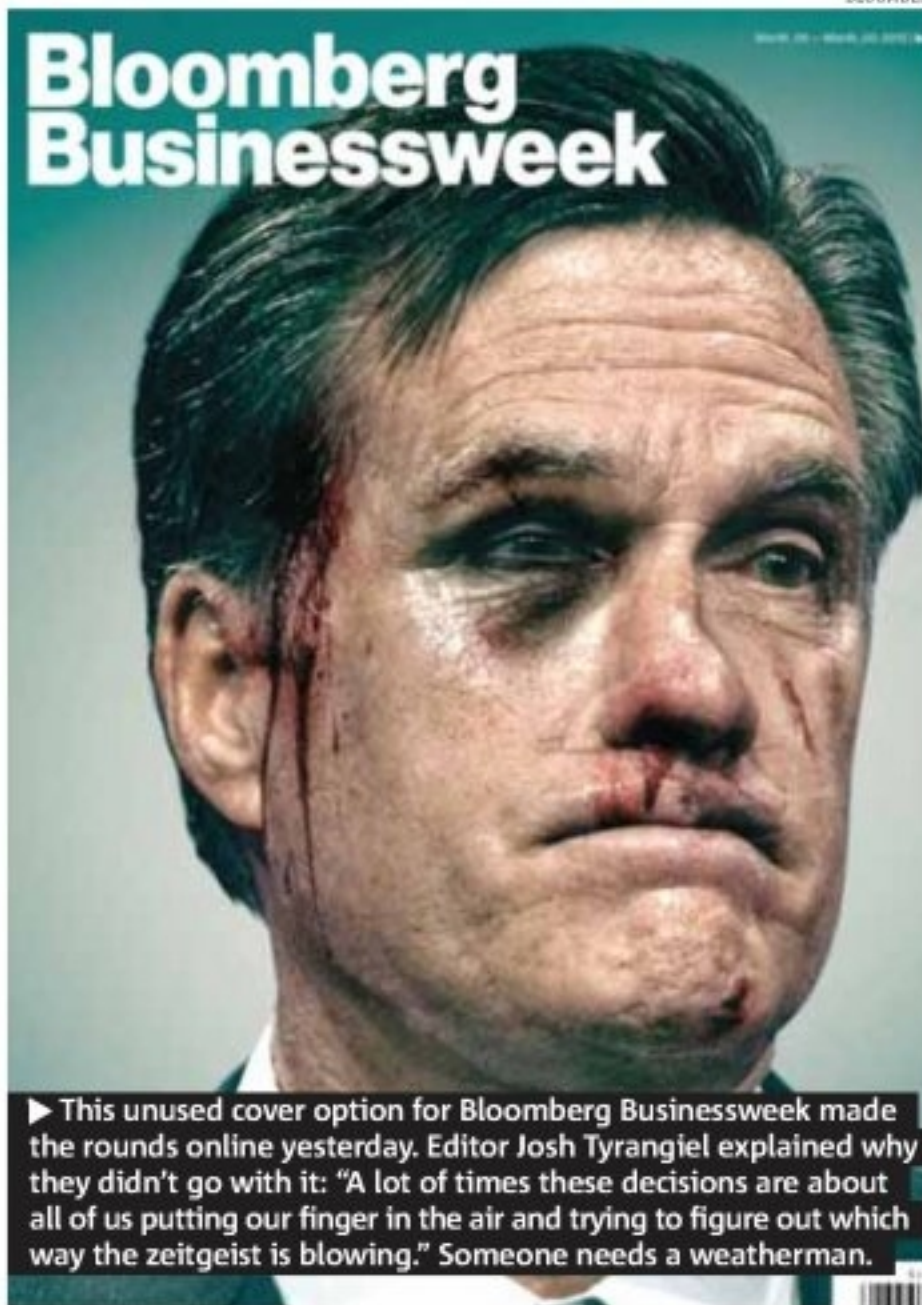
New opinion polls show that Gingrich has now jumped into the lead in Florida ahead of the state's pivotal Jan. 31 primary, the fourth contest in the state-by-state battle for the Re-

publican nomination to face President Barack Obama, a Democrat, in the Nov. 6 election.

A Rasmussen Reports telephone survey of likely Republican voters put Gingrich on top of Romney by 9 percentage points and an Insider Advantage poll showed Gingrich with a lead of 8 percentage points.

Romney, the former Massachusetts governor who also previously led private equity firm Bain Capital, hit Gingrich hard on character issues. He warned Republicans that there might be enough baggage in Gingrich's past that could hurt the party's chances of taking back the White House from Obama. Romney's campaign also released a TV ad to criticize Gingrich's Freddie Mac ties and link them to Florida.

Romney has gone into attack mode to try to stop the momentum Gingrich has built up after crushing Romney in South Carolina. **REUTERS**



Gingrich gets even

WASHINGTON. Just as Romney was on the defensive over taxes last week, Gingrich had to explain his Freddie Mac role yesterday.

In an interview on ABC's "Good Morning America", Gingrich said Romney was not being honest when he called him a "lobbyist" for Freddie Mac. Gingrich also said he would work to get his consulting contract with Freddie Mac released.

"I did no lobbying, period," Gingrich said. "He keeps using the word 'lobbyist' because I'm sure his consultants tell him it scores well. ... He knows it's not true. He's deliberately saying things he knows are false."

Gingrich predicted the next week leading up to Florida's will be combative. He was proven right. **REUTERS**

Crossing the aisle: Obama's mistake?

For complaints, suggestions and third-party communications on behalf of an embattled West African monarchy, please e-mail brayden.simms@metro.us.

Last night the four Republican presidential hopefuls still left standing met in Tampa, Fla., for the 18th debate of the campaign cycle, and we're sure it was a doozy. Former front-runner Mitt Romney, buffeted by attacks from the tricky Newt Gingrich, must take control of the narrative and go on the offensive. We predict a rumble.

However, the debate runs too late for our analysis, which will instead run tomorrow. Today we're going to address a New Yorker article by reporter Ryan Lizza that chronicles the death of hope in President



Obama's first three years of rule as the Chicago newcomer's much-ballyhooped post-partisanship crashed headfirst into the messy realities of Washington gridlock.

In this analysis, reformer Obama grossly underestimated the nature of U.S. two-party politics, in which a win for one party — and perhaps the country at large — may be perceived

by the opposition party as a big loss (and therefore scuttled) regardless of its potential to improve the lot of regular Americans; and in which a hyperpartisan national media infrastructure can effectively motivate negative public opinion in support of special interests.

In short, the system — as we all now, irrespective of party affiliation, seem hopelessly

Metropolitik



BRAYDEN SIMMS

POLITICAL REALISM FOR THE URBAN PROLETARIAT

[@METROPOLITIK](https://twitter.com/METROPOLITIK)

aware — is broken at the core. When potentially beneficial legislation is viewed in Washington through the prism of future electoral chances; when, in other words, good ideas are killed off solely owing to the perception that they could aid rival politicians come next November; when elected officials weigh their own upcoming contests more heavily than the general welfare of the American people; what we get are politicians looking to benefit not "we the people" but "me the candidate."

Obama, of course, did not create this system, but he does seem to have run aground of it. And if he wants to win re-election, he'll have to work with it.

Metro does not endorse the opinions of the author, or any opinions expressed on its pages.

Slip of the tongue — or straight talk?

"If I'm fortunate enough to become president, I'll care very deeply about it getting better in a big hurry."

MITT ROMNEY ON THE ECONOMY YESTERDAY. SOME HAVE POINTED OUT THAT ROMNEY'S DICTION HERE IMPLIES THAT HE'S NOT PARTICULARLY INTERESTED IN THE ECONOMY IMPROVING IN THE MEANTIME, WHICH MAKES PERFECT SENSE: ROMNEY IS RUNNING ON A PLATFORM THAT CLAIMS PRESIDENT OBAMA HAS FAILED TO IMPROVE THE ECONOMY.

19,552

Number of signatures at "We The People" White House website imploring the president to investigate former Sen. — and current chief lobbyist for the Motion Picture Association of America — Chris Dodd for "publicly admit[ing] to bribing politicians to

pass legislation [SOPA/PIPA]." According to the petition, Dodd told politicians: "Don't



ask me to write a check for you when you think your job is at risk and

then don't pay any attention to me when my job is at stake."

The \$2,000 Super Bowl tickets are a real bargain

- ▶ The secondary market prices dropped from last year's prices
- ▶ This year's title game is set for Feb. 5 in Indianapolis

Tickets for the Super Bowl rematch between the Giants and Patriots are selling for as much as \$1,950 on the secondary market, a drop from last year's prices.

Sale prices for the National Football League's championship game this morning were down 13.7 percent from prices paid to get into last year's game between the Green Bay Packers and Pittsburgh Steelers in Dallas, according to TiqIQ, an event ticket aggregator that tracks listings from StubHub, eBay,



TicketNetwork and TicketNow. The tickets have a face value of \$800 to \$1,200, TiqIQ said, up from \$600 to \$1,200 last year.

This year's title game is set for Feb. 5 in Indianapolis.

The average asking price on the secondary market is \$4,054, with the most expensive listing at \$15,343 for a seat in Row 3, Section 113 of Lucas Oil Stadium, Chris Matcovich, a spokesman for TiqIQ said, in a telephone interview.

Most tickets are being sold in "zones," or large areas of

\$15K

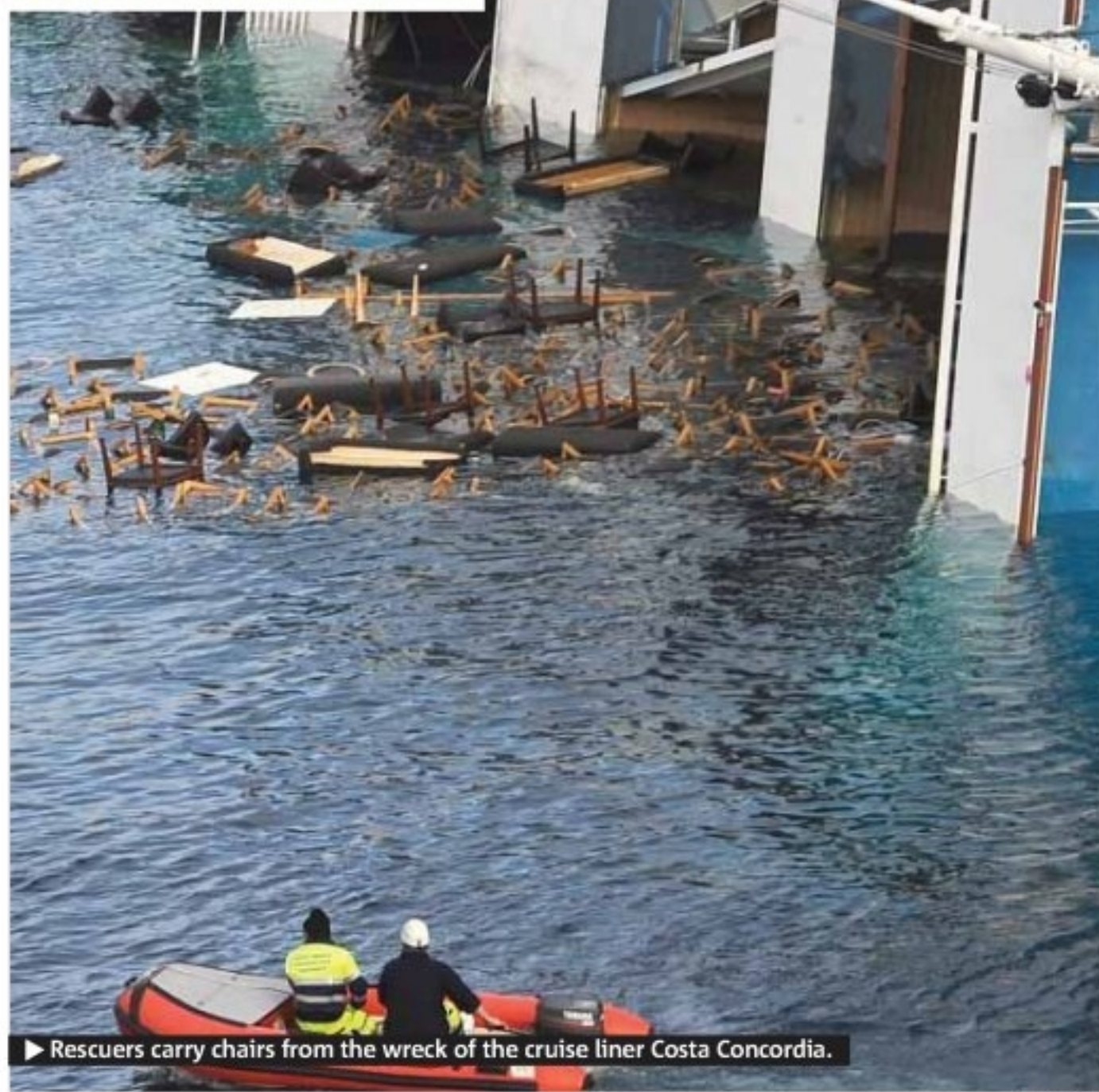
The most expensive listing is \$15,343 for a seat in Row 3, Section 113 of Lucas Oil Stadium

similar seats, so it's often difficult to determine exact individual seat prices, said Chris Matcovich, a spokesman for TiqIQ. As the game approaches, ticket prices may rise for individual buyers due to the lack of availability. **BLOOMBERG**



▶ Prices may also rise as New York fans seek to witness a repeat of the 2008 championship.

Costa Concordia. Investigation



▶ Rescuers carry chairs from the wreck of the cruise liner Costa Concordia.

GETTY IMAGES

Ship probe may widen: Captain's Lawyer

A criminal probe into the Costa Concordia's doomed voyage may be widened. Francesco Schettino's lawyer Bruno Leporatti said in a statement that evidence from his client about phone calls with the ship's owners, Costa Cruises, at the time of the accident could lead to the investigation being widened. **REUTERS**

YouTube streams 4B videos daily, company announces

YouTube, Google Inc.'s video website, is streaming 4 billion online videos every day, a 25 percent increase in the past eight months, according to the company.

The jump in video views comes as Google pushes YouTube beyond the personal computer, with versions of the site that work on smartphones and televisions, and as the company steps up efforts to offer more professional-grade content on the site.

According to the company, roughly 60 hours of video is now uploaded to YouTube

every minute, compared with the 48 hours of video uploaded per minute in May.

YouTube, which Google acquired for \$1.65 billion in 2006, represents one of Google's key opportunities to generate new sources of revenue outside its traditional Internet search advertising business.

Last week, Google said that its business running graphical "display" ads — many of which are integrated alongside YouTube videos — was generating \$5 billion in revenue on an annualized run rate basis.



▶ A YouTube screen grab

Still, most of the 4 billion videos that YouTube now streams worldwide every day do not make money. Three billion YouTube videos a week are monetized.

REUTERS

News in brief

Holiday tablet sales soar

The number of Americans owning a tablet computer or e-reader nearly doubled over the holiday period as Kindles, Nooks and iPads proved to be popular gifts, a new study found.

In early January, 19 percent of Americans surveyed by Pew owned an e-reader, up from 10 percent in December, with identical re-

sults for tablets, according to a report released on Monday by the Pew Internet and American Life Project.

As a result, the percentage of Americans owning at least one digital reading device rose to 29 percent in January from 18 percent, according to the survey. **REUTERS**

US homes 'are more affordable'

Would-be American homebuyers can take heart: U.S. housing is more affordable than in other English-speak-

ing countries, according to a study of metropolitan areas around the world.

Median home price in the United States as a whole was three times pretax household income in the third quarter of 2011, on the cusp of what Demographia, a public policy firm which conducted the survey, deems "affordable."

In major U.S. metropolitan areas, the ratio was 3.1, down from 4.6 in 2007, before the worst of the U.S. housing market slump that dragged the economy into recession. **REUTERS**

A Free Cell Phone And Free Monthly Minutes For Pennsylvania Residents

Eligible residents may now apply for Assurance Wireless, a Lifeline Assistance program brought to you by Virgin Mobile and supported by the federal Universal Service Fund.

Whether you need a phone for emergencies, or to stay connected, Assurance Wireless provides eligible residents with a free cell phone and 250 free voice minutes each month.

Assurance Wireless is Free.

With no contracts, additional fees or gimmicks, Assurance Wireless is truly the worry-free way to stay connected. You pay nothing, unless you use more than 250 voice minutes a month.

But if you need more voice minutes, you can get them.

Want To Talk More?

Add 250 more voice minutes each month (500 total minutes) for only \$5.

Want To Talk and Text?

Add 750 additional voice minutes (1,000 total minutes) plus 1,000 texts each month for just \$20.

Do You Qualify for FREE Cell Phone Service?

You may qualify for Assurance Wireless based on your household income, if you're on Medicaid or participate in certain other public assistance programs. To verify your eligibility, visit www.assurancewireless.com or call for more information.

If Eligible, You Get All This – FREE!

- Free Cell Phone
- Free 250 voice minutes each month
- No Annual Contract
- Voicemail Account
- Call Waiting
- Caller I.D.
- Access to 911 Service

Plus:

- Coverage on the Nationwide Sprint® Network reaching more than 280 million people
- Keep Your Current Number



Apply Today.

It costs nothing to apply for Assurance Wireless, and there's no obligation. Call today to see if you qualify for a free cell phone and 250 free nationwide voice minutes each month. Or, to print an application now, go to www.assurancewireless.com

Call Monday to Sunday, 9AM to 9PM

1-877-608-8923

Or visit www.assurancewireless.com

assurance
wireless 
Brought to you by

The Worry-Free Way To Stay Connected

Offer limited to eligible customers (varies by state) residing in selected geographic areas and is non-transferable. Assurance Wireless is brought to you by Virgin Mobile USA and is a Lifeline Assistance program supported by the federal Universal Service Fund program. One Lifeline Assistance phone line per household. Additional voice minutes and text messages are 10¢ each. Domestic text prices are to send and receive. Int'l services are extra. Airtime charges apply when accessing voicemail via an Assurance Wireless phone once free minutes have been depleted. Minimum Top-Up of \$10 may be required. Account may expire 150 days after you receive notice of ineligibility for Assurance Wireless service and account balance may be forfeited. State and local sales taxes and fees may apply. See Terms of Service for details. Nationwide Sprint® Network. Nationwide coverage area reaches more than 280 million people. Coverage not available everywhere. Visit virginmobileusa.com to check coverage in your area. Assurance Wireless is subject to the Terms of Service found on www.assurancewireless.com

myentertainment

THE WORD

Metro's **Dorothy Robinson** shares her take on the world of gossip [@dorothyatmetro](#) dorothy.robinson@metro.us



Health scares of the stars



Klum and Seal: Yup, it's over

Heidi Klum and **Seal** have confirmed that they are separating after seven years together, according to *People* magazine. "While we have enjoyed seven very loving, loyal and happy years of marriage, after much soul-searching we have decided to separate," Klum says in a statement. "We have had the deepest respect for one another throughout our relationship and continue to love each other very much, but we have grown apart. This is an amicable process, and protecting the well-being of our children remains our top priority, especially during this time of transition." Seal and Klum are parents to Leni, 7, Henry, 6, Johan, 5, and Lou, 2. No zinger of a remark here — just sadness.



Morgan and his fiancée shortly before his collapse.



Federline

The Australians must be desperate.

They've flown **Kevin Federline**, 33, all the way to their country to star in their weight-loss reality show, "Excess Baggage" (because, apparently, "Celebrity Fit Club" worked out so well for him). But their workouts were too much for the former dancer/chronic egg fertilizer, and, according to local reports, his heart went "PopoZão" and he was rushed to a hospital with chest pains. It was so severe that according to local reports, Federline suffered a "mini heart-attack" (which sounds like an oxymoron if there ever was one).

Meanwhile, on the other side of the world, **Tracy Morgan** was also rushed to the hospital in Park City, Utah, on Monday after he collapsed at the Creative Coalition Spotlight Awards. A source told the *Hollywood Reporter* that, "Morgan seemed inebriated, yelling and falling onto the ground."

I know what you are thinking and no, it was not booze. It was the altitude at the Sun-

dance Film Festival that felled the "30 Rock" star. Per his rep: "From a combination of exhaustion and altitude, Tracy is seeking medical attention. He is with his fiancée and grateful to the Park City Medical Center for their care. Any reports of Tracy consuming alcohol are 100 percent false."

This is one of those rare occasions that a PR statement is true: The hospital reports that Morgan did not have alcohol or drugs in his system when he was admitted.

Talking points

Ron Howard is a happy grandpa

Bryce Dallas Howard gave birth to a daughter, Beatrice, late last week, the second child for Bryce and husband **Seth Gabel**, according to *People* magazine. And it was proud grandfather **Ron Howard** who broke the news, posting on Twitter, "Bryce & Baby B are spectacular Daddy Seth & brother Theo are beaming ear to



Ron and Bryce Dallas Howard

ear." While the gender of the baby was kept a secret until the birth, Bryce previously said that her 4-year-old son, Theo, had predicted it would be a girl.

Cowell is single yet again

Simon Cowell says his engagement to **Mezghan Hussainy** is off

— and the relationship is as well, in a way. "It's quite a complicated relationship. We have had a break from each other, and we are still incredibly close," Cowell tells the *Sunday Mirror*. "I'm vulnerable. It's not on, it's not off, it's somewhere in the middle. I don't know if I will ever get married, but I am happy." As for his gushing about Hussainy being "the one" during an interview with **Piers Morgan** when the couple was first engaged, Cowell says, "I have been pretty good about not talking about my private stuff, but I got caught up in the moment."

Reynolds and Lively hit the Big Easy

After spending time together in New York, Boston and Vancouver, **Blake Lively** and **Ryan Reynolds** have taken their city-hopping romance south to New Orleans, where they were spotted all over town last weekend, according to *People* magazine. On Friday, the pair stopped in at ice cream shop Creole Creamery. "Ryan comes in here sometimes when he's in town," a source says. "They did leave the store holding hands, though — supersweet!"



The feed ...

▶ Checking in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

Today, **Alyssa Milano** is mad at her phone, **Steve Martin** is ready to serve, **Kathy Najimy** is feeling fatigued, and **Donald Glover** is learning things from TV.

@Alyssa_Milano: Dear Auto Correct, Duck you. Sincerely, Everyone

@SteveMartinToGo: Waiting for call asking me to do halftime show at Superbowl with solo banjo. How will I control fans rushing stage? Details to work out.

@kathynajimy: want a great idea for a good invention? swollen feet you can screw off at the end of the day and store on the shelf.

@DonaldGlover: watchin french children's show explain how to make a home-made alarm for your sack lunch. If it was in black & white, it'd be a masterpiece



Milano



More from Sundance — and one wax Michael Jackson

1. **Tonya Lee, Chris Rock** and filmmaker **Spike Lee** showed up at the after-party for the Sundance premiere of "Red Hook Summer" on Sunday in Park City, Utah.

2. Comedy's greatest couple, **Nick Offerman** and **Megan Mullally**, attended the "Smashed" premiere during the film festival.

3. Three **Michael Jackson** wax figures — from The Jackson Five, the "Bad" era and the "This Is It" era — were displayed during the launch of the traveling exhibition "The

Michael Jackson Experience" at Madame Tussauds on Sunday in Washington, D.C.

4. **Bar Refaeli** and **Cameron Diaz** were in the audience for the Dior Haute-Couture 2012 show as part of Paris Fashion Week on Monday in Paris.

5. **Common** attended the SAGIndie Actors Only brunch during Sundance on Sunday in Utah.

6. Guess who else is at Sundance? **Nicole "Coco" Austin** and her husband **Ice-T**. The duo posed for a portrait at the Getty Images Portrait Studio on Sunday in Park City.



1: TODD ORSH/GETTY IMAGES
2: JONATHAN LEIBSON/GETTY IMAGES
3: KRIS COMMON/GETTY IMAGES
4: ERIC RYAN/GETTY IMAGES
5: FRED HAYES/GETTY IMAGES
6: LARRY BUSACE/GETTY IMAGES

THE CREDIT PROFESSIONALS AT FAIRLESS MOTORS

Salesperson
Wanted
Apply Within

¡Se Habla Español!
\$0 DOWN!

Don't Be Fooled By Cheap Imitators,
"WE HAVE BEEN IN BUSINESS FOR 20 YEARS"
435 LINCOLN HW Y, FAIRLESS HILLS, PA

We Buy
Clean, Used Ca

PAYMENTS AS LOW AS
\$99.00 PER MONTH!

Bring in This Ad & Receive
\$250 OFF
Your Purchase!

GOOD CREDIT • BAD CREDIT • NO CREDIT • CHARGE-OFF'S • REPOS • DIVORCE • BANKRUPTCIES

ALL VEHICLES
FAIRLESS MOTORS
CERTIFIED

For Live Help Call
1-888-251-4312

Special incentives for SEPTA, hospital and postal workers! Used Car Leasing Now Available.

24 HOUR HOTLINE: 1-800-205-0068

www.FairlessMotors.com



2003 ACURA MDX
Bluetooth, Leather, Moonroof, Roof Rack, AWD,
NAVI, Heated Seats
Classy! \$9900



2006 BMW X5 3.0
TV/DVD, Leather, Privacy Glass, Sunroof,
AWD, Alloy Wheels, Heated Seats
Beautiful! \$19,900



2004 ACURA TL
Leather, Sunroof, Bluetooth, Keyless Entry,
Alloy Wheels, Heated Seats, Sat. Radio
Marvelous! \$15,900



2006 INFINITI M35
Leather, Sunroof, Heated Seats,
Alloy Wheels, Keyless Entry
Classy! \$18,900



2009 NISSAN ROGUE S
PW/PS/PL, Alloy Wheels, All Wheel Drive,
Keyless Entry, Privacy Glass
Beautiful! \$18,900



2008 CHRYSLER 300 LX
PW/PS/PL, Keyless Entry, Alloy Wheels,
Automatic Trans., Cruise
Marvelous! \$13,900



2006 NISSAN QUEST SE
Leather, Dual DVD's, Back Up Cam, NAVI,
Dual Sunroofs, Parking Sensor
Classy! \$15,900



2010 MERCEDES BENZ C-300 4MATIC
Sport Pkg., Factory Warranty, Leather, Moonroof,
Bluetooth, Sat. Radio, Heated Seats
Beautiful! \$28,900



2008 BUICK ENCLAVE CXL
TV/DVD, NAVI, Leather, Bluetooth, 3rd Row Seat,
Parking Sensors, Heated Seats
Marvelous! \$25,900



2004 NISSAN ARMADA LE
AWD, Leather, Roof Rack, Sunroof,
Running Boards, NAVI, 3rd Row Seat
Classy! \$13,900



2005 NISSAN XTERA OFF ROAD
PW/PS/PL, Privacy Glass, Keyless Entry,
Tow Pkg., Alloy Wheels, Cruise, CD
Gorgeous! \$13,900



2009 FORD EXPLORER XLT
PW/PS/PL, 4X4, CD, Roof Rack, AWD,
Keyless Entry, Privacy Glass, Auto Trans
Sporty! \$14,900

myentertainment

TV watch list

'Joan & Melissa: Joan Knows Best?'

REALITY. Melissa stages a plastic surgery intervention for Joan. Hasn't she seen the title of this reality series? Or her mother's face? Good luck with that.



Season premiere, 9 p.m., WEtv

'All-Star Dealers'

REALITY. Who would drop a few grand on a stinky jersey worn by someone else? Plenty of die-hard sports fans — and they're all bidding for the hard-to-find memorabilia featured in "All-Star Dealers," the latest reality series following a group of auctioneers and

their wares. Series premiere, 8 p.m., Discovery

'Southland'

DRAMA. Regina King's Det. Adams tries to charm information about a suspect out of a grandmother, who, in a nice touch of casting, is played by the actress's former "227" co-star, Marla Gibbs. 10 p.m., TNT **AMBER RAY**

YOU CAN LOSE A LOT OF WEIGHT QUICKLY & SAFELY

• FDA Registered Products • Pharmaceutical Grade • Reduce RISK Factors of Diabetes, Heart Disease & Stroke

The brain's metabolism regulating systems think that reduced calorie intake means famine, so it compensates by storing more food energy as body **FAT**. With most weight loss methods, your brain fights you every step of the way; with the Bouari Protocol, all of this is reversed. We have seen **THOUSANDS** of people do this protocol. **MANY** Doctors send their family members and refer their patients to us to lose weight, **FAT**, and improve their health in a matter of days and weeks! We will give you several things, but the main thing is a small dose that will trigger your brain into releasing about 2,000 calories of fat off your body everyday. Bigger people lose more.

As the fat metabolizes off your body, the nutrition that is stored in your fat such as blood, vitamins and minerals will go back to feed you. Now you can go on a very low calorie diet-without starving. Normally when you go on a normal low calorie diet, your brain will go into shock, think you are starving, and will hold onto the fat as a survival mechanism. Your brain sends you signals that you are starving—"go get food"—hence all you think about is food, and get headaches. Your metabolism crashes, your blood sugar drops, so you lose muscle mass. It gets too difficult, then you cheat by eating sugars, and starches because that's what feeds your brain glucose.

Now your blood sugars go up and you put on fat. This is the wrong way to lose fat and weight! The Bouari protocol reverses all of this. You cheat your brain into relaxing, you lose weight quickly, fat, **NOT** the muscle mass. We have seen men lose 50-60 lbs in just as many days. **NO LOOSE SKIN!** We have seen 78 year old women come in and lose 38 lbs in 45 days. **NO LOOSE SKIN!** The first 10 days or so you lose so much weight that you think you are stepping on someone else's scale. **NOW** you are motivated. The next thing you know **ALL** your clothes will be loose, but not your skin. Soon everyone at work, friends, family and neighbors are asking you what it is you are doing. Your face sculpts out, it does not emaciate in, even though you have lost so much weight so quickly. By the time you finish the protocol you have lost a **LOT** of weight, inches have melted off your body, you have killed off the Candida in your gut, stabilized your blood sugar, and reset your hypothalamus; the gland that controls your thyroid, pituitary, metabolism and how and where you store fat in the future.

That's why so many people do not regain the weight years later.

Please call for your **FREE CONSULTATION**. When you come in to one of our clinics, you will fill out some paperwork. While in the lobby, feel free to ask our clients (who are there for their follow up visits) how they are doing on this protocol, how much weight they have lost, how many inches have come off, and how this compares to other weight loss programs out there. **YOU'LL BE SHOCKED.**

The patients pictured on here achieved the stated results by following the Bouari Program which includes a low calorie diet. When patients adhere to the Bouari Program, the average female may expect to lose about 25 lbs in 40 days and the average male may expect to lose about 35 lbs in 40 days. Individual results may vary.

NO SURGERY
NO DIET PILLS
NO PACKAGED FOODS
NO EXERCISE PROGRAM

PHYSICIAN SUPERVISED
WEIGHT LOSS &
WELLNESS CENTER



Scan for testimonials!

NOW \$100 OFF

Valid for 25 and 50 day programs. Not valid with other offers. Must present coupon at time of redemption. Expires 1/31/2012

• ACTUAL PATIENTS • ACTUAL RESULTS



DAY 1



DAY 69

-55.5 lbs



DAY 1



DAY 60

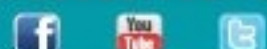
-52 lbs

ACROSS FROM THE KING OF PRUSSIA MALL ON 202:
677 W. DEKALB PIKE, 2ND FLOOR
KING OF PRUSSIA, PA 19406

CHERRY HILL
1500 N. KINGS HWY, SUITE 200A
CHERRY HILL, NJ 08034

Bouari Clinic
WEIGH LESS • LIVE LONGER

866-891-2002
CALL US FOR A FREE CONSULTATION!
WeighLessLiveLife.com



RITTENHOUSE
110 S. 20TH ST., SUITE 204
PHILADELPHIA, PA 19103

BOUARI CLINIC AT 12TH ST. GYM
204 S. 12TH ST.
PHILADELPHIA, PA 19107

'Arranged down to the minutiae'

► Henry Wolfe on keeping it extra old-school ► 'It's nice not to have to rely on anyone,' says the man without a regular backing band



► Wolfe will be at Johnny Brenda's tonight.

Modern music enters Henry Wolfe's life rarely. He's in his early 30s and he lived through Williamsburg's hipster heyday, even playing in an electro-ish combo called Bravo Silva before moving to Los Angeles several years ago. He says he has always loved music from the 1970s, but it's the stylish melodies, breezy syncopation, and lyrical swank of classics from Burt Bacharach to Cole Porter that influenced his solo debut, "Linda Vista."

"I discovered a whole tradition of songwriting that predates the British Invasion," says Wolfe. "One of the things I like most about my album is that there's room for individual players to stretch out and have their voices heard. A lot of music I've made and will probably make in the future is arranged down to the minutiae of what each instrument will play."

That element works be-

If you go

► **He's My Brother, She's My Sister with Henry Wolfe Tonight, 8**
Johnny Brenda's
1201 N. Frankford Ave.
\$12, 215-739-9684
www.johnnybrendas.com

cause, like the proverbial sailor with a girl in every port, Wolfe has different East Coast and West Coast backing bands.

"The fact that I don't have one set of musicians that I'm always playing with [means having] a repertoire that is flexible is important. It's nice not to have to rely on anyone or have them feel like you're relying on them. I like that independence."

LINDA LABAN
linda.laban@metro.us

Wolfe in Streep's clothing

Wolfe is the son of actress Meryl Streep, and he and his family had cause for celebration the night before he chatted with Metro. His mom won the Golden Globe for Best Actress for her masterful portrayal

of former British Prime Minister Margaret Thatcher in "The Iron Lady."

"This is the time of the year when it's convention season for Hollywood," Wolfe says. "My mom has been in L.A. quite a lot. I'm really proud of her. I think she's outdone herself with this film."



ROSENBAUM & ASSOCIATES

PERSONAL INJURY • MEDICAL MALPRACTICE

Serious Injuries
215-88-INJURY
Free Consultations

Listen...your new career is
knocking.



Train for a heartfelt career as a

Cardiology Technician!

- Day and evening classes
- Financial aid available for those who qualify

Scan to
request
more
information
today!



Call now!

888.215.2655

www.starcareeracademy.com



2371 Welsh Road • Philadelphia, PA 19114

For more information about our graduation rates, the median debt of students who completed the program, and other important information please visit our website at www.starcareeracademy.com/faq

Are You Ready for the New Year?
Want to **Lose Weight** for 2012?



Temple University is seeking people who:

- * want to lose weight
- * sleep less than 7 hours a night
- * are between the ages of 18-65 yrs old
- * do not have diabetes
- * do not smoke
- * are available for 18 study related visits at CORE

For more information please call
Alicia: (215) 707-8656

Eligible Individuals may receive:

- * Nutritional and lifestyle counseling for 6 months at no cost
- * Compensation included

Gary Foster, PhD Temple University, The Center for Obesity Research and Education
3223 N. Broad St. Suite 175 Philadelphia, PA 19140
This information is approved by Temple University for public display and is associated with project TIRB11935



**Viagra®, Cialis® and
Levitra® not working
for you?**

Get your MOJO back!

Learn about insurance covered treatments beyond medications that have helped many men return to active, satisfying sex lives.

Philadelphia Urology Associates

Bruce Sloane, M.D., F.A.C.S.

1216 Arch Street, Suite 3B

Philadelphia, PA 19107

www.philaurology.com

To book a private consultation, call:

(215) 563-1199

Don't give up hope for a satisfying sex life.

Let Dr. Bruce Sloane, Board Certified Urologist, help you restore your quality of life and most intimate relationships.



**paula, you made
a fortune off of fat.
call us if you want to be
around to enjoy it.**

\$0 to join and rest of month FREE!



philadelphia sports clubs®

MySportsClubs.com • 6 convenient locations

*\$0 joining fee requires a 1-year membership. Monthly dues are waived from 1.1.12 - 1.31.12. Processing fee is due upon enrollment. Sales tax where applicable. Not transferable. No cash value. Cannot be combined with any other offer. Offer expires 1.24.12.

**RATE-LOCK
GUARANTEE**
Your monthly dues
will never increase.

Serious Injuries... Serious Settlements

- Car Accidents
- Slip and Fall
- Work Accidents
- Wrongful Death
- Medical Malpractice
- Bus Accidents
- Nursing Home Abuse
- Construction Accidents

ROSENBAUM • 215-88-INJURY

Get Help Fast
No Fees Until We Win

12

my metro

#1 DAILY NEWSPAPER IN CENTER CITY

TUESDAY, JANUARY 24, 2012

mybooks

For Jack Holmes, friend is a four-letter word



When it comes to affairs of the heart, the titular characters of the new novel "Jack Holmes and His Friend" are inept, but charmingly so. Spanning over two decades before and during gay liberation in New York City, the book chronicles the unrequited love that reluctantly gay Jack feels for his homophobic best friend Will. Contempt stokes the flames of desire in both men's volatile romantic relationships and even in their own friendship. But social taboos never break the odd couple's bond and, ultimately, they draw the two closer. We asked author, critic and profes-



sor Edmund White for his thoughts on love and the pursuits of happiness.

Jack's most valued friendship is with Will, who he never crosses the line with. Do you think one can be friends with another if sex is an ulterior motive?

The person in love spends all of his time wooing and studying and adjusting to the whims of the other. Part of friendship is that total concentration on another person. Love is a good motivator.

Have you had any friendships like Jack and Will's?

I've had close friendships with gay men who didn't reciprocate my sexual feelings. So I know what it's like. A friend of mine said, "I think that Jack seems so childish. Only a teenager would feel that way." But in my case, I really was hopelessly in love with a friend of mine for years. While we get to know both friends intimately, the title and chronology of the book put Jack in the forefront. Yet Will is the one written in the first-person. I wanted Jack to remain mysterious; I wanted a change of pace when I got to Will. I

A historical dimension

"In the beginning, in 1962, Will thinks he's very noble to have a gay friend because he's terrified that people might think he's gay," says White about exploring shifts in perceptions toward the gay community in the book. "But by the '70s, Will sees it's chic to be gay. Gay people have been on a rapid cycle, oppressed in the '50s, exalted in the '60s, even glorified in the '70s and then almost wiped out in the '80s. That was something I wanted to capture."

thought it would be a challenge to write in the first-person about a straight man. It's what novelists like to do; to imagine what a different existence is like.

Do you think, in 2012, either Jack or Will would support gay marriage?

Jack is pretty conservative. The two boys share that — they're both stuffy people. It was another way I could distinguish between myself and Jack. I was active in gay liberation; I was at Stonewall and one of the founders of the Gay Men's Health Crisis. That's the opposite of Jack, who's not sure he wants to be identified as gay. I think they probably wouldn't like gay marriage; marriage would seem too gay to [Jack].

GINA ANGELOTTI
gina.angelotti@metro.us

A Doctor Could Use Your Help!



Get Prepared with Career Training In:
PRACTICAL NURSING*
MEDICAL ASSISTANT
MEDICAL BILLING & CODING

CALL ANYTIME 24/7 FOR INFO

800-571-1902

www.prismcareerinstitute.edu

Financial Aid If Qualified
Career Service Help

PRISM
CAREER INSTITUTE

*NE Phila • *Cherry Hill • Egg Harbor Twp. • Upper Darby

For disclosure information visit www.prismcareerinstitute.edu/disclosure/

Programs Vary By Campus

INJURED AT WORK

Get Your Lost Wages and
Medical Bills Paid!

Lump Sum Settlements

No Fee Unless You Recover Money

- Auto Accidents
- Workers' Compensation
- Dog Bites
- Slip & Fall
- Medical Malpractice
- Asbestos Related Disease

NORTHEAST PHILADELPHIA OFFICE

215-969-6550

1730 Welsh Road (Corner of Bustleton & Welsh Roads), Philadelphia, PA 19115



www.boulevardlaw.com

Se Habla Español

Licensed In:

Pennsylvania, New Jersey, New York

PHILA
THE BOULEVARD
LAW CENTER



www.driverrossi.com

484.461.2937

* Prices do not include tax, tags and registration. Price reflects \$3000 cash down payment. **For in-house financing only.

FINANCING DONE RIGHT.

6350 BALTIMORE PIKE
484.461.2937

\$0
DOWN
Available
No Credit Check**

- Bad Credit
- No Credit
- Repos

OKAY!

GUARANTEED
CREDIT APPROVAL

484.461.2937

www.driverrossi.com



2002 Cadillac DeVille
*7,999

www.driverrossi.com



2006 Chevrolet HHR LT
*8,399

www.driverrossi.com



2006 Pontiac G6 GT
*8,499

www.driverrossi.com



2005 Chrysler
Town & Country Touring
*7,999

www.driverrossi.com



2003 Buick Rendezvous CX
*6,999

★ **FREE Tank of Gas w/Purchase** ★



2007 Chevrolet
Impala LS
*8,999



2005 Chevrolet
Equinox LS
*8,999



2005 Jeep Grand Cherokee
Larado
*9,999



2006 Chevrolet Silverado
1500 LS
*13,999



2007 Dodge
Magnum SXT
*8,999



Providing the personal attention your case deserves...

Rosenbaum & Associates Clients:

"What is different about Rosenbaum and Associates is they make you feel like part of their family, made me feel comfortable, I could relax because they had it taken care of." **P. Batts • Rosenbaum Client • Motorcycle accident**

"I was in a serious auto accident on my way to work and had major knee surgery. Rosenbaum and Associates worked really hard for me, they made sure I saw the best doctors and had the best care. I recommend Rosenbaum because they work hard and get good results."

D. Allen • Rosenbaum Client

ROSENBAUM • 215-88-INJURY

CUSTOMIZED DENTURES

BEFORE AFTER

STARTING AT **\$213***

UPPER OR LOWER
OTHERS AVAILABLE
FREE CONSULTATION
*This is a Ripper. Full Dentures Start at \$475

**FOR FREE CONSULTATION
LANDSDOWNE
215-336-8873
215-DENTURE
DARBY
484-494-3300**

Present This Coupon For
\$50 OFF
(One Coupon Per Patient)

APPLE DENTURE
Dr. Tanner Clark, DMD • DR. Neil Packett
APPLEDENTURECENTER.COM

Attention Men

FATIGUE • LOW SEX DRIVE • LOSS OF MUSCLE • DEPRESSED

Not feeling like your usual self?

It may be low testosterone - and you have options.

Feeling tired? Low sex drive? Losing muscle tone? Maybe even a bit depressed?

It may be more than just age. It could be low testosterone. Although millions of men suffer from Low T, very few know they even have it - or that they can do something about it.

Right now, doctors at Urologic Consultants of Southeast Pennsylvania are conducting a research study of an investigational medication that may help increase testosterone. If you join, you will receive the testosterone medication and all study-related care at no cost. You will also be compensated for your time.

To learn more, and for a free, confidential pre-screening, call 1-888-978-8398 or visit www.LowTstudy.com

New Year New You! MEDICAL WEIGHT LOSS

FISHER NOW!

Introducing newest non-surgical method for Skin Tightening & Wrinkle Reduction. Offering Dermal Filler Radiesse. Aesthetic Appointments: Mindy 215-322-0222 x14, info@bodybyfishernow.com

WEIGHT LOSS
with or without medications by a board-certified physician

LIPODISSOLVE / MESOTHERAPY
safe and effective non-surgical fat/cellulite dissolving procedure

TriActive Laser®
Cellulite Removal/Body Shaping

BOTOX®, RESTYLANE®, JUVEDERM®, MICRODERMABRASION, CHEMICAL PEELS

Now Offering HCG Diet

Northeast: 215.725.2345 S. Philadelphia: 215.389.1647
Main Line: 215.877.7580 Feasterville: 215.322.0222

Dr. Fisher's
Medical Weight Loss & Aesthetic Centers

Board Certified Aesthetic Physician
Member of American Society of Bariatric Physicians

INFO HOTLINE: **1.866.930.DIET (3438)**
WEIGHT MGT x2941 | MESOTHERAPY X2312
FACIAL COSMETICS x2107
www.bodybyfishernow.com

KARL LAGERFELD FOR METRO

Metro brings our advertisers and readers Karl Lagerfeld as the Guest Editor in Chief on February 7, 2012. Don't miss The World According to Karl: Lagerfeld for Metro.

Limited promotional and sponsorship opportunities still available!

FOR ADVERTISING OPPORTUNITIES CONTACT
JAMES.MCDONALD@METRO.US OR 215-717-2689

metro

ADAMS CARPET CENTERS

FREE SHOP AT HOME CALL NOW 425-9700

90 DAYS SAME AS CASH OR NO PAYMENTS FOR 6 MONTHS

Heavy Plush
\$698⁰⁰*
Completely Installed

Super Plush
\$598⁰⁰*
Completely Installed

3 Rooms of Carpets at ONE LOW PRICE \$498

INCLUDES: CARPET INSTALLATION *40 SQ. YARDS
COMPLETELY INSTALLED

Adams Carpet Centers Family Owned & Operated Since 1970 3rd Generation

BENSALEM
2066 Street Rd.
Bensalem Plaza
215.245.4400
Mon., Wed., Thurs., Fri. 10am-8pm
Tues. & Sat. 10am-5pm
Sunday 12pm-4pm

KENSINGTON
2850 Emerald St.
(1 block West of Frankford)
215.425.9700
Mon. - Sat. 9am-5pm

ROXBOROUGH
6604 Ridge Ave.
215.482.3400
Mon., Wed., Thurs., Fri. 10am-8pm
Tues. & Sat. 10am-5pm
Sunday 11am-3pm

FINANCING AVAILABLE • NO INTEREST FOR 6 MONTHS • www.adamscarpetcenters.com



Injured? Need Help? REMEMBER... ROSENBAUM 215-88-INJURY

Experience • Skill • Resources • We Will Fight For You • Home Visits Available
rosenbaumandassociates.com • 1818 Market St – Suite 3200

14

my metro

#1 DAILY NEWSPAPER IN CENTER CITY

TUESDAY, JANUARY 24, 2012

mybooks

CLOUDS IN HER COPY

Music writer Stephen Davis finds there is 'More Room in a Broken Heart' with his new Carly Simon biography The woman who pioneered confessional songwriting seems to think the book is too revealing

When Stephen Davis gave Carly Simon a first look at his new book, "More Room in a Broken Heart: The True Adventures of Carly Simon," he enclosed a note.

"I sent her the uncorrected proofs, and I said, 'Carly, if you like this book, I haven't done my job,'" Davis reveals.

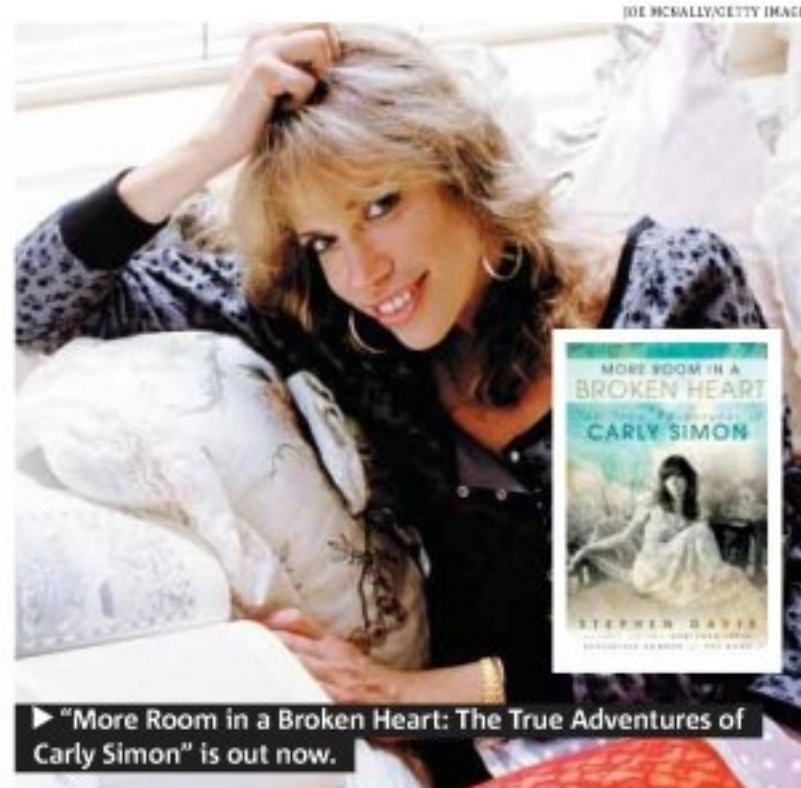
The veteran music writer was right.

"I've talked to members of her family, and they say that she is upset. And it's not a good

idea to get Carly Simon upset at you," says Davis. "On the other hand, it would have been an even worse idea to write a boring book about Carly Simon."

"More Room" is a far from boring account of the life of the iconic singer and her five-decade career, which is rife with huge hurdles of neuroses and great leaps in songwriting. It features bizarre cameos by the most important personalities of her time. A sampling from her youth: Pete Seeger

was her kindergarten music teacher; Jackie Robinson played second base in family softball games; George Gershwin came over to hear how "Summertime" would sound with her mom singing. Later in the book, Marvin Gaye comes on to her, Jeremy Irons has a controversial cameo (see the sidebar for more on that) and she gets Mick Jagger to sing on her biggest hit. A "did they/didn't they?" theme recurs throughout the book. She also enjoys



"More Room in a Broken Heart: The True Adventures of Carly Simon" is out now.

romances with Cat Stevens, Kris Kristofferson and Warren Beatty; most notably, she endures a marriage to James Taylor that saw fire and rain.

"I think she feels that the book is too revealing," says Davis, who usually drops at least one big bombshell with every musical biography he has written, including previous

subjects Led Zeppelin and Aerosmith. And Simon has been publicly making her displeasure with the book known — but the way Davis sees it, if she's providing free advertising, nobody does it better.

"If she would just be quiet," he muses, "you know, you can't buy the publicity that she's giving this book."

Irons in the fire

One of the guaranteed controversies of "More Room" occurs on page 320. Davis discloses that in 1984, actor Jeremy Irons cheated on his wife with Carly Simon and got the singer pregnant. She underwent an abortion, which she said was "still a terrible source of pain and guilt."

"No one ever put that together before because it was very quiet and it was very secret, but she told me about that," says Davis. "And I asked her about that in July and I said, 'Look, I'm going to publish this.' ... We had been talking about Jeremy Irons and I said, 'What about him getting you pregnant?' There was this terrible silence. And then she goes, 'How did you know that?' And I said, 'Well, you told me five years ago when I was doing the "Reflections" liner notes.' She then said, 'Well, I won't deny it.'"



PAT HEALY
pat.healy@metro.us

Join the fight against
kidney disease.

Train for a career as a
Dialysis Technician!

STAR CAREER ACADEMY

Call now!
800.739.8600
www.starcareeracademy.com

2371 Welsh Road, Philadelphia, PA 19114
2501 Monroe Blvd., Norristown, PA 19403

For more information about our graduation rates, the median debt of students who completed the program, and other important information, please visit our website at www.starcareeracademy.com/faq

Scan to request more information today!

New Year New You!

CREDIT REPAIR

**FIX YOUR CREDIT REPORT
IMPROVE YOUR CREDIT SCORE**

• QUALIFY FOR: • MORTGAGE • CAR
• LIVE YOUR DREAMS • REASONABLE RATES

The Credit Experts 215-642-0073

Bill's DISCOUNT CARPET & FLOORING

**SHOP US FIRST, SHOP US LAST
IT DOESN'T MATTER
WE WILL BEAT ANYBODY'S ESTIMATE
WE ALSO INSTALL & REFINISH
HARDWOOD FLOORS!**

FREE SHOP AT HOME!

3 ROOMS of CARPET \$398*

*Up to 40 Sq. Yds
10% Senior Citizens Discount

3 Rooms \$498* Plush or Sculptured Carpet 8lb. pad, installation	3 Rooms \$598* Super Plush Carpet 8lb. pad, installation	3 Rooms \$698* Heavyweight Plush Carpet 8lb. pad, installation
---	---	---

Free Shop at Home Save Up To 1/2 OFF Retail Store Pricing
Sale on Wood, Laminate and Vinyl Flooring
Next Day Installation Available - FREE ESTIMATES

Bill's 1.866.369.RUGS

Your Mobile Carpet Showroom
Locally Owned and Operated
Serving PA, NJ and DE
for Over 23 Years
Call Anytime

1.856.264.1079

Real-world training for a career
you'll really love.

Follow your dreams and pursue a career as a
Medical Assistant!

STAR CAREER ACADEMY

Call now!
800.739.8600
www.starcareeracademy.com

2371 Welsh Road • Philadelphia, PA 19114
2501 Monroe Blvd. • Norristown, PA 19403

For more information about our graduation rates, the median debt of students who completed the program, and other important information please visit our website at www.starcareeracademy.com/faq

Scan to request more information today!

New Year New You!

Style and Beauty.

It's yours to create when you pursue a career in
Cosmetology!

Scan to request more information today!

STAR CAREER ACADEMY

Call now!
800.739.8600
www.starcareeracademy.com

2501 Monroe Blvd., Norristown, PA 19403
2371 Welsh Road, Philadelphia, PA 19114

For more information about our graduation rates, the median debt of students who completed the program, and other important information, please visit our website at www.starcareeracademy.com/faq

New Year New You!

TOTAL FOOT & ANKLE CARE

The FootCenter

Dr. Edward L. Chairman, Director

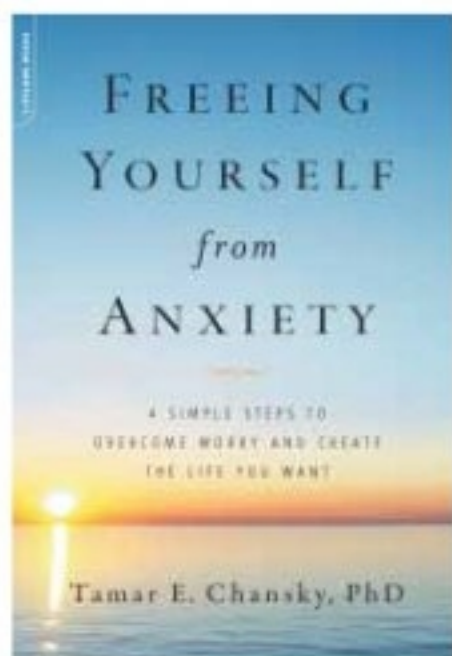
DIPLOMATE, AMERICAN BOARD OF PODIATRIC SURGERY
FELLOW, AMERICAN COLLEGE OF FOOT SURGEONS

YOUR FEET DESERVE THE BEST

www.DrEdChairman.com

215.732.0200

PENN MEDICINE AT RITTENHOUSE
Tuttleman Center • 1840 South St. (19th & South Streets)
Philadelphia, PA 19146



How to not be an anxious parent

► Five tips to go from catastrophe to calm from Dr. Tamar E. Chansky, author of 'Freeing Yourself from Anxiety' ► Her top advice: Let go of perfection

Every mom or dad can (and will!) beat themselves up over a parenting misstep here and there. But if you're constantly berating yourself — and your negative thoughts are taking over — you should accept that in life, and especially in parenting, nobody's perfect. Let Tamar E. Chansky, Ph.D., author of "Freeing Yourself from Anxiety," teach you how.

Let go of expectations

Whether it's your expectations for your child that he never pick his nose in public and always get straight A's, or your expectations for yourself — that your kitchen counters always sparkle and your clothes never have PB and J on them — let them go. Real life has smudges, crumbs and B-minuses. If all of our energy is spent warding these moments off, we'll be stressed to the max and we'll miss out on

what's really happening in our lives.

Don't jump to conclusions

When our children cry at a birthday party or the first day of school, we race ahead to the future and catastrophize that they will always be this way and they'll never be able to handle these moments. Snap back to the present. Things may be hard now, but trust your children: With your help and acceptance, they will move through these struggles.

Choose your support wisely

If your social network consists of people who compare and contrast their kids and worry about their 5-year-old not getting into Harvard, keep looking! Parenting is hard enough without other parents raising the stakes and your blood pressure. Seek out other parents who share your values and desire for sanity.



► Chansky

Quoted

"Like us, kids learn best from their mistakes, so let them have them. Resilience is like a muscle: It benefits from practice."

CHANSKY

Allow your child to struggle (a little)

We race ahead trying to remove every obstacle for our children, every forgotten lunch box and umbrella. Like us, kids learn best from their mistakes, so let them have them. Resilience is like a muscle: It benefits from practice.

Allow yourself some worry time

Worry is a natural part of life and of love. If your worry is becoming the default mode every day, make it wait for your attention. Schedule five minutes each day when you go into that dark tunnel, and if worry comes at you at other times of the day, tell it that it's not time yet. When it's worry time, make two columns in your head (or on paper): Fears on one side, facts on the other. Fear always gets the story wrong — recite the facts of the matter. ● METRO

Tips



► It doesn't have to be so scary.

Ease the ouch

If your kid's due for a vaccination, try these tips from Stefan Friedrichsdorf, M.D., a medical director at Children's Hospitals and Clinics of Minnesota.

Ask for numbing cream

Certain sprays and creams can help take the pain out of a jab. When you book the appointment, find out what your doctor recommends.

Let your child be in charge

The more control he has, the less scary the visit will be. Ask which arm he'd like the shot in or if he wants to sit

on the table or in your lap.

Provide distractions

Give your kid a bottle of bubbles during the injection. The act of blowing will relax him and give him something else to focus on.

Stay calm

Don't use high-anxiety words such as "hurt" or "needle." Instead, talk about something fun: "Do you want to go to the library after this?"

RACHEL MORRIS FOR

Parents

Parents brings moms and dads smart, fresh advice to help you raise healthy, happy kids. Check us out at Parents.com

children's scholarship fund philadelphia

APPLY NOW!

K-8th Grade
Scholarships Available
For Low-Income
Philadelphia Children

To Apply:
visit www.csfphiladelphia.org
or call 215.670.8411

All scholarship awards are chosen by random lottery
Applications **MUST** be received by **March 1, 2012**

children's scholarship fund PHILADELPHIA

WHEN WAS THE LAST TIME YOUR CHILD SAW A DENTIST?



Bright Smiles, Bright Kids, Bright Futures

KidsSmiles.org

Start your child's dental health early.
Visit Kids Smiles, the non-profit Children's Dental Center serving our community. No insurance needed.
Most plans accepted, including Medicaid and CHIP.
Now accepting patients through age 17.

Southwest Philly
2821 Island Avenue
(215) 492-9291

West Philly
5828 Market Street
(215) 747-6901

Government Insured Loans

No Equity, No Appraisal, No Down Payment

The US Department of Housing & Urban Development (HUD) under Title One of the National Housing Act, has made it possible for families to improve their homes where financial considerations might have otherwise made it impossible.

Homeowners may qualify immediately for up to:

\$25,000

No Equity or Appraisal Required. National Home Improvement Lenders and Private Investors have made it possible for families to make major improvements to their homes... without whose help it might not have been possible.

For those 62 and older, our lending partners make FHA Insured REVERSE MORTGAGES that allow consumers to have us perform work on their home with NO MONTHLY PAYMENTS!

Approved Remodeling Projects:

- Vinyl Siding
- Heating
- Sunrooms
- Decks
- Additions
- Roofing
- Kitchens
- Doors
- Bathrooms
- Windows
- Basements
- Electrical
- Plumbing
- Garage Doors
- Other projects can be approved

No Down Payment Required. Low Monthly Payments.
Call Now To See If You Qualify For This Program

HUD/FHA Insured Loans

888-990-8886



PA 002286, NJ 13VH04728900, Philadelphia 39104
Important Notice: Loans are originated through a third-party insurance company. HUD/FHA does not originate loans; they only insure them, and does not favor any lender. HUD/FHA does not allow consolidation of your bills. Tri-State Creations, LLC is not connected to, or endorsed by the FHA or HUD in any way.

myletters&games

Letters

letters@metro.us

Corporations must not vote too much

RE: "YOU KNOW, MITT, THIS MEANS WAR." I guess, for South Carolinians, Mitt Romney went 12.5 percent too far when he declared with his all-purpose smile that corporations are people too. Either that or they relate better to a mean man than they do to a robber baron because they have lost hope of ever becoming one, thanks to the food stamp president and then some. **SUZY SANDOR, VIA E-MAIL**

Need advice: Where is Jonathan Alpert?

I am a longtime Metro reader and a fan of Jonathan Alpert's column. Matter of fact, I have been reading his column since June of 2006. I remember the time because it was right about the time I got

married and he wrote a column about pre-wedding anxiety and it hit the mark with what I was going through. His column rocks! I haven't seen his column for what seems like a few months and wonder where he is. He gives really good advice rather than what everyone else is doing: offering bland, generic advice that can be found anywhere. Please bring back some real advice, the type that has gotten me and my girlfriends through so many dramas over the years.

SARAH GOLDMAN, VIA E-MAIL

"As a society we are promoting betrayal, violence, bullying and promiscuity."

Where are today's role mod-

els? Our youth look up to sports players and TV personalities, who leave much to be desired. It seems to me that as a society we are promoting betrayal, violence, promiscuity and bullying. Let me also point out the video games being sold to our youth, some of which are quite violent and sexually explicit. That is a sad commentary about our society today. There was a time when our political leaders, sports figures, movies and television personalities presented the proper moral compass. Today's media want to shape our youth in what they perceive today's youth should be and not what is right and not possessing properly displayed behavior. I guess good moral programming doesn't sell commercial products.

FREDERICK R. BEDELL JR., VIA E-MAIL

National joke is what's 'despicable'

The four clowns who are left in the Republican presidential debates are a joke. Gingrich is a lecherous old man who cheated on his wives; Romney a pompous elitist who destroys companies and families all for his own profit (which he hides in overseas bank accounts); Santorum a religious fanatic who believes in Noah and the great flood yet doubts global warming; and Paul who seems to make sense in some aspects — that is, if you disregard his racist views as well as those of his son, Sen. Rand Paul. As to Gingrich calling John King despicable for asking about his wifely scandal, that's his job as moderator! King should have informed Gingrich that "despicable" would be a way to describe someone who would serve his wife with divorce papers on her hospital bed where she was undergoing cancer treatment. How presidential.

ROBERT LA ROSA, VIA E-MAIL

Horoscope

♈ Aquarius Jan. 20-Feb. 19. Because of your deft management, situations that normally would be causing all kinds of problems will be easy to digest. You'll have the fortitude to handle everything well.

♓ Pisces Feb. 20-March 20. In order to perform more effectively, you should do your best to move at a measured pace. This will give you plenty of time to study each step before you make a committed leap.

♈ Aries March 21-April 19. You'll get your chance to finally meet a person whom you always wanted to know. Spoiler alert: This individual is exactly what you thought he or she would be like.

♉ Taurus April 20-May 20. Be dedicated and persistent about your objectives, and you will be able to accomplish exactly what you want to do in the manner that you want to do it.

♊ Gemini May 21-June 20. Your imagination and your experiences are two of the most valuable assets you possess. You should always rely on your ideas and perceptions to tell you what things are all about.

♋ Cancer June 21-July 22. If there is someone in dire need of your help to rectify a matter that she or he has been unable to handle alone, give freely of your time and talents to

help where you can.

♌ Leo July 23-Aug. 22. The cooperation of your associates will be far easier to acquire if you first show them that what you intend to do will be as good for them as it is likely to be for you.

♍ Virgo Aug. 23-Sept. 22. To have a productive day, establish your own schedule and pace, and don't depend on anyone to do anything for you. Nothing will be accomplished if you wait for others to help.

♎ Libra Sept. 23-Oct. 23. A pleasant experience is likely if you plan something such as lunch with good friends. Getting caught up on news will be fun, but simply seeing old chums will be the best part.

♏ Scorpio Oct. 24-Nov. 22. Going out on the town isn't likely to be as much fun as having your pals over to your place for a friendly get-together. Plan something simple that everyone would enjoy.

♐ Sagittarius Nov. 23-Dec. 21. Getting out and about will help soothe your restless spirit. Call some friends and pick several places to go that you know everyone would relish.

♑ Capricorn Dec. 22-Jan. 19. Wearing out shoe leather is a lot cheaper than spending more dollars than necessary. Take the time to do some comparison shopping and it'll pay off more handsomely than you think. **BERNICE BEDE OSOL**

E-mail your letters: **letters@metro.us**

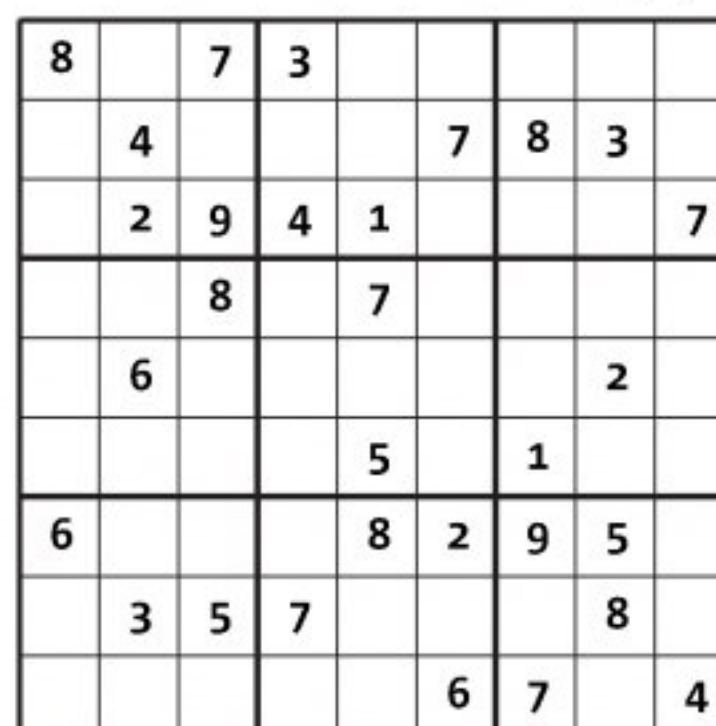
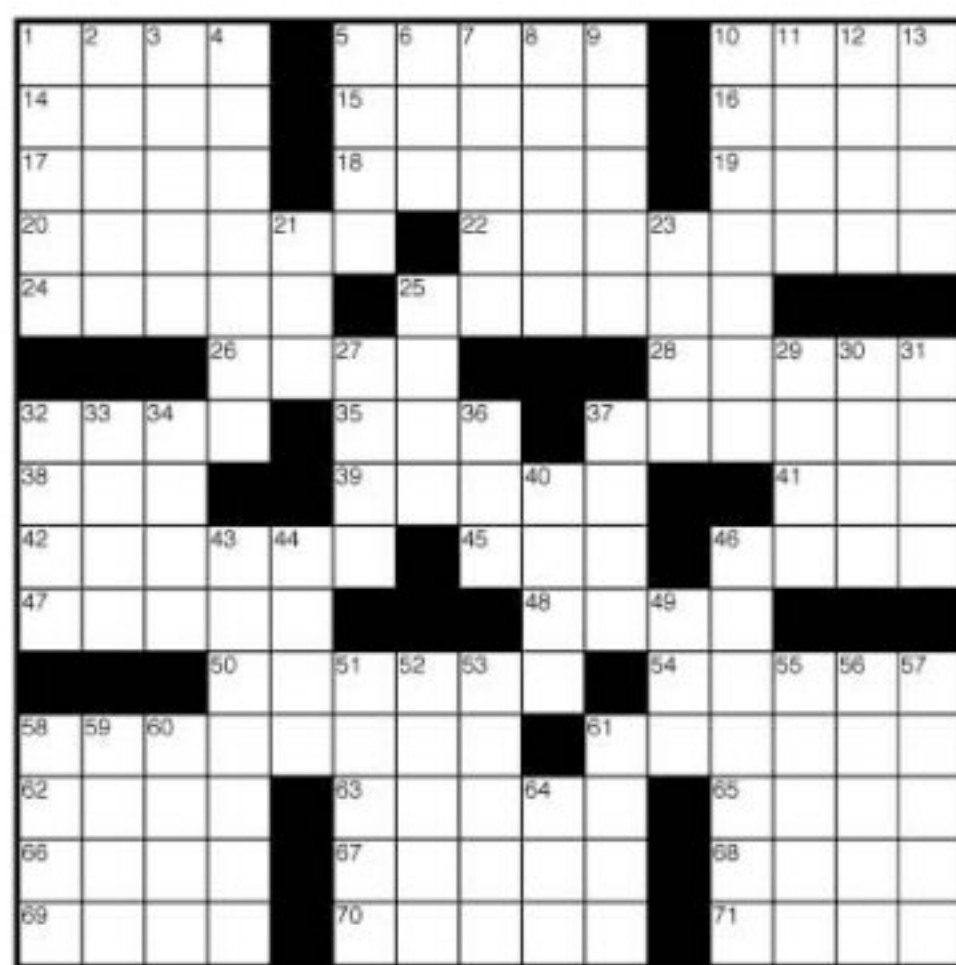
Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact information.

Across

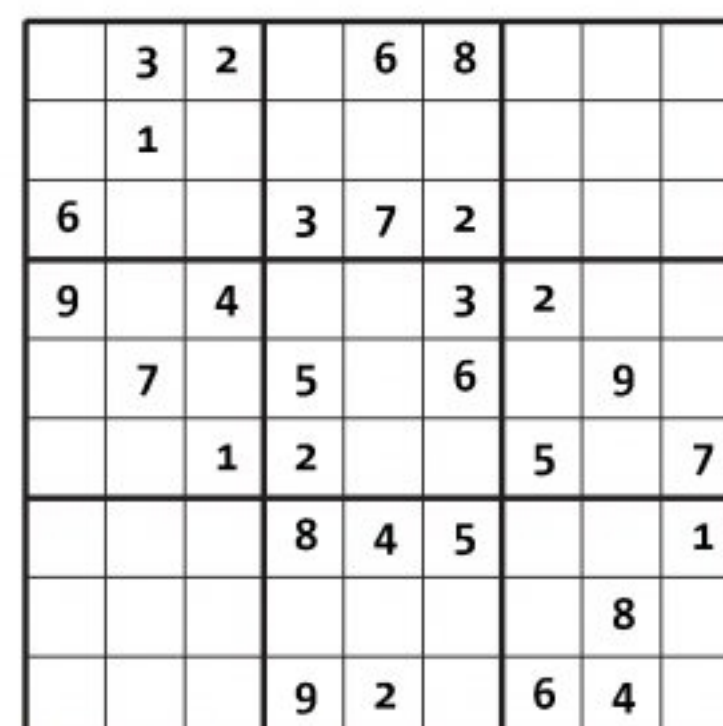
- 1 Regard with awe
5 Type of bear
10 Pajama cover
14 An astringent
15 Marshy tract
16 African-born supermodel
17 Calf-length
18 "Belling the Cat" author
19 Peddle
20 Lodestone
22 Exhibitions
24 Up till now (2 wds.)
25 Abhor
26 Lowest high tide
28 Castle that danced
32 Balance
35 Large antelope
37 Flowering shrub
38 Rose fruit
39 Flashlight carrier
41 Small shots
42 Incapable
45 Memo acronym
46 Change
47 ___ Haggard of country music
48 Pound or Cornell
50 Insult
54 Heating pipes
58 Car trouble
61 Out like a light
62 Viking name
63 Trot and canter
65 Not apt to bite
66 Aftermath
67 Archipelago dot
68 Sports channel
69 Malamute's load
70 Physicist Nikola
71 Riverbank growth

Down

- 1 ___ globulin
2 Wanted-poster word
3 Roly-poly
4 Well-known
5 11th-grade exam
6 Feel grateful
7 Dogie stopper
8 Kahuna's hello
9 Move a croton
10 Nice location?
11 Shaman's quest
12 Big ___ theory
13 They may be split
21 When Paris sizzles
23 Zoom past
25 RN assistants
27 Flu symptom
29 Isle of exile
30 Midwest st.
31 Duck soup
32 Baba au ___
33 "___ kleine Nachtmusik"
34 Practice boxing
36 "Weird Al" Yankovic film
37 Desert st.
40 Got a load of
43 Jammed
44 Departed
46 One who avoids bars
49 Rural rtes.
51 Tempus ___ (time flies)
52 Clean the slate
53 Simon and Diamond
55 Refrain from
56 Former Fiesta Bowl site
57 Buy
58 Hard benches
59 Caspian Sea tributary
60 Winged Victory
61 Movie pooch
64 Util. bill



SUDOKU LEVEL: EASY



SUDOKU LEVEL: HARD

Solution to yesterday's crossword



How to play Sudoku: Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

SUDOKU SOLUTIONS:
WWW.METRO.US/PUZZLES



To advertise — phone: 215-717-2600 e-mail sales: advphilly@metro.us

METRO PHILADELPHIA | Editor in Chief: Tony Metcalf tony.metcalf@metro.us, @edinchiefmetro | Managing Editor: Ron Varriall ron.varriall@metro.us | City Editor: Brian X. McCrone bmcrcrone@metro.us | Features Editor: Amber Ray amber.ray@metro.us, @amberatmetro | Entertainment Editor: Monica Weymouth monica.weymouth@metro.us | Sports Editor: Mike Greger mgreger@metro.us | Deputy Features/Careers/Books/Travel editor: Dorothy Robinson dorothy.robinson@metro.us | Home/Style editor: Tina Chadha tina.chadha@metro.us | Film/Tech editor: Heidi Patalano heidi.patalano@metro.us | Photo Editor: Rikard Larma rlarma@metro.us
E-MAIL US: letters@metro.us

A department to talk about at Gwynedd

► Gwynedd-Mercy College's new communications program is a crash course on media, new and old

The head of Gwynedd-Mercy College's new communications program is a punk. Well, a punk-rocker, anyway — Janis Chakars plays guitar for the recently reunited band Citizens Arrest, which at least one critic has called "the best New York hard-core band ever."

These days, though, Chakars is putting most of his energy into his day job: creating the communications program at Gwynedd-Mercy.

Building on classes already offered at the universi-

ty — such as journalism, digital photography, marketing and Web design — they've added TV production, broad-

cast journalism, public speaking, magazine writing, public relations and visual communications. Students

Why study communications?

Whether you're planning to major in it or not, Chakars thinks it makes sense to take at least a couple of communications courses.

"Almost every job today

requires strong communication skills, so there's a strong practical reason," he says. "In addition, though, regardless of your major — liberal arts, hard science, whatever — you'll benefit from understanding how we communicate."

are also required to take a class in media ethics, reflecting Gwynedd-Mercy's mission of social responsibility.

The program isn't just theoretical, though. Students will be learning hands-on skills in the new TV studio and multimedia lab at the school. They'll also be learning through off-campus internships, volunteer opportunities and service learning.

"It's really important that students not be confined to the classroom," Chakars says. "We want them to engage

with the wider world."

One way they'll engage is through the requirement that they have at least one piece published in a community newspaper before they graduate.

Gwynedd-Mercy has what Chakars calls a "Goldilocks location." He explains: "[It's] close enough to Philly to benefit from what a big city has to offer, but giving students a quiet oasis in which to learn."

JUDY WEIGHTMAN
judy.weightman@metro.us



► Gwynedd-Mercy College's TV production class is just one of the communications program's new offerings.

ERIN CORRE

Main Line Fertility Center is looking for college students and or graduate students.

Make Someone's dream come true. Become an egg donor.

Who can be an egg donor? Healthy College Students between the ages of 21 and 30 (non-smoking)



Main Line Fertility & Reproductive Medicine, Ltd.

William J. Pfeffer, M.D.

Michael J. Glassner, M.D.

John J. Orris, D.O.



For more information, please contact our egg donor hotline, **484-337-8958**

Or go to: **www.mainlinefertility.com**

\$7,000 - Donate your Eggs - Donors are seen at the Bryn Mawr office located 12 miles from Center City.



FOX | MSIM
Professional Master of Investment Management

EXPERIENCE THE POWER OF FINANCE

Fox Master of Science in Investment Management (MSIM) students work toward the professional **Chartered Financial Analyst (CFA)** designation and earn their degree in just 10 months.

Join us for the Fox Professional Masters Showcase on Wednesday, January 25 from 11:00 a.m. to 1:00 p.m. on Temple University's main campus.

DISCOVER THE POWER OF FOX

www.fox.temple.edu/msim
215-204-5890

Fox School of Business
TEMPLE UNIVERSITY®

Students give a boost with LIFT

A staggering 41 percent of Philadelphia residents lack access to the Internet, according to Mayor Michael Nutter. Since so many basic activities take place online now, this lack is more than just a minor inconvenience.

LIFT is a community-based resource that helps people gain Internet access, as well as

learn the skills needed for job searches, applying for housing and public benefits and filing taxes. In addition to paid staff, students from Drexel, LaSalle, Messiah College, Penn. St. Joseph's and Temple volunteer at the two local offices of this national organization.

The students not only help LIFT clients, they also benefit,

learning a great deal from their work. In fact, students in one new Drexel class, the Culture of Poverty, volunteer at LIFT as part of their coursework. Professor Cyndi Rickards, who teaches that class, says, "Service learning courses are at the heart of Drexel's unique approach to education — it is experiential

learning at its best! This group of students exemplified a commitment to civic engagement in our larger Drexel and Philadelphia community. Our LIFT partners offered students insight into a culture many have never experienced."



JUDY WEIGHTMAN
judy.weightman@metro.us



There are two local LIFT Offices:
1231 North Broad (fourth floor)
and 5548 Chestnut Street (first floor).

Dressing up the dining hall

► College students will never be known for their well-balanced diets, but some campuses make meals more interesting ► Grilled cheese and pizza are, of course, still on the menu



CYDNEY SCOTT

► "Fancy Friday" is a regular event at Boston University.

Typically, college is not fondly remembered for culinary experiences, as students shuffle between the cafeteria and campus pizza joint. But there are plenty of students and administrators alike who are pushing for more creative forms of nourishment. Here are three of the best campus culinary ideas taking hold at schools across the country in 2012.

1 Michigan Technological University

'Khana Khazana'

What started as a fundraiser for Haitian relief is now a thriving weekly tradition at MTU. Each Friday, a different international student plays guest chef at the university cafeteria, sharing a favorite dish with fellow students. With scarce ethnic cuisine available on the Upper Peninsula of Michigan, "Khana Khazana"

(Hindi for "food treasure") attempts to open the minds of MTU students while filling their bellies along the way.

2 University of California, Riverside

'Culinary Chameleon'

While food trucks are deeply ingrained in the culture of urban Northeast campuses, they're still largely an experiment at West Coast schools. Rather than contracting vendors, this month UC Riverside is attempting to launch a truck owned and operated by the university. The Chameleon promises to adjust its location and menu at the whims of the student body. Will this lone

WRITE TO METRO:
LETTERS@METRO.US



Local leader

In 2011, the University of Pennsylvania was recognized by PETA for offering a variety of vegan options, including Vegan Daiya cheese pizzas, cranberry scones, Indian dishes and carob-chip banana squares. Last semester, the school's dining program teamed up with the Penn Vegan Society for a baked goods potluck to educate students on plant-based goodies.

lizard catch on in a Cali campus? Check back next year.

3 Boston University

'Fancy Fridays'

With plenty of ironic flair, every Friday BU students flaunt their very finest attire at Shelton Hall. The cuisine is still 100-percent BU dining services — grilled cheese (fromage grille, perhaps?) and pizza — but the speeches are high-brow, as founding student Thomas Unger often leads sparkling cider toasts extolling the virtues of cufflinks and other accoutrement. ► **BRUCE WALSH**



Charlie Suero,
student

I'm a future
School Psychologist

PHILADELPHIA COLLEGE OF OSTEOPATHIC MEDICINE

I am compelled to make a difference in the lives of children.

PCOM

For more information about our School Psychology programs, scan the QR code with your smartphone!



PCOM is conveniently located on City Avenue, just minutes from the city and suburbs.

215-871-6700
gradadmissions@pcom.edu

PCOM

For more information about our School Psychology programs, scan the QR code with your smartphone!



PCOM is conveniently located on City Avenue, just minutes from the city and suburbs.

215-871-6700
gradadmissions@pcom.edu

2012: All eyes on London

► With 11 billion pounds invested in the Summer Olympics, now is the perfect time to pay a visit
 ► What this kind of face-lift looks like for visitors and locals alike

The 2012 Summer Olympic Games don't kick off until July 27, but London has undergone a giant transformation since it was picked in 2005 as the event's host site. Metro talked with Chloe Couchman, Head of Communications for Business & Major Events for the London

& Partners, the city's official promotional organization, about what London has done to prep for the millions of new visitors. Now is the perfect time to book a trip to the city — whether it's for sports or not.



DOROTHY ROBINSON
 dorothy.robinson@metro.us



► The English National Ballet, National Dance Company Wales and Scottish Ballet join forces for the first time in a groundbreaking national celebration of dance inspired by London 2012. More cultural events can be found at www.london2012.com.

Top 3 reasons

London's calling

- **London has gotten a huge, expensive face-lift.** "We've seen [more than] 11 billion pounds' worth of investment — that's everything from new stations to new rail lines to new hotels," says Couchman about the huge improvements the city has undergone since it was picked as host by the International Olympic Committee. "Getting the Olympics means a huge halo effect for the entire city. The amount of regeneration and change because of it is huge."
- **Londoners are ready to party.** "We've been hosting the Cul-

tural Olympiad since they handed the baton over to London in 2008; it's the largest cultural celebration in the history of the modern Olympic and Paralympic Movements," Couchman notes. "That means amazing art shows and famous artists who come to take part in special, one-off exhibits and events here." With the Queen Elizabeth II's Diamond Jubilee taking place, as well as The World Shakespeare Festival and the 200th birthday of Charles Dickens (to name just a few), she notes: "Londoners are in quite the party mode and ready to welcome the world." She suggests checking out the Limited Edition London segment on their website, www.visitlondon.com, to

Where to stay

Couchman says if you want to plan to visit London in 2012, it's best to do your research first. "Try to use official websites to find out essential information," she advises. She says there are accommodations for every price point, from campsites to 5-star hotels. One such 5-star hotel? The Jumeirah Carlton Tower, which is located right in the heart of fashionable Knightsbridge, one of the world's most exclusive shopping havens. Harrods and Harvey Nichols, as well as luxury designer boutiques on Sloane Street, are just a stroll away.

learn more about other cultural events taking place in 2012.

- **Even if you don't have a ticket, there are plenty of ways to take advantage of the London Olympics.** Couchman names three such events:

The Triathlon held in Hyde Park, the marathon and the road cycling event. "You can still see amazing athletes with London as an iconic backdrop," she notes. There will also be communal spaces all over the city to watch the broadcast competitions.

By the numbers

Olympic visitors

- **294,000:** International overnight visitors
- **587,000:** Domestic overnight visitors
- **5.5 million:** Amount of day visitors over the entire Olympic period (people from the U.K. and Europe)

EXPERT ADVICE **CRUISE.COM** **LOWEST PRICE**

LOWEST CRUISE PRICES GUARANTEED!

BIGGEST CRUISE SALE OF THE YEAR!

Receive up to \$1000 Onboard Credit, Up to 500 OFF, up to \$400 Onboard Savings, Free Upgrades, Free Pre-paid Gratuities plus Kids Sail FREE on select sailings

PRINCESS CRUISES Receive up to \$75 Onboard Credit plus up to \$325 onboard savings on select sailings	4-Day Bermuda \$379* Ocean View \$474* Balcony \$659*	7-Day Caribbean \$479* Ocean View \$509* Balcony \$759*	7-Day Alaska \$669* Ocean View \$714* Balcony \$1089*	10-Day Caribbean \$764* Ocean View \$854* Balcony \$1369*
Carnival Receive up to \$500 Back plus Free Upgrades on select sailings	7-Day N.E. & Canada \$479* Ocean View \$629* Balcony \$879*	8-Day Caribbean \$559* Ocean View \$679* Balcony \$799*	7-Day Alaska \$629* Ocean View \$749* Balcony \$919*	12-Day Europe \$899* Ocean View \$1349* Balcony \$1429*
Holland America Line Receive up to \$125 Onboard Credit, Free Dining, Wine or Champagne plus up to \$500 Back on select sailings	7-Day Alaska \$579* Ocean View \$619* Balcony \$1129*	7-Day Bermuda \$579* Ocean View \$579* Balcony \$1129*	10-Day Panama \$849* Ocean View \$939* Balcony \$1309*	14-Day Hawaii \$1309* Ocean View \$1829* Balcony \$1769*
Royal Caribbean International Receive FREE Pre-Paid Gratuities plus up to \$100 Onboard Credit on select sailings	7-Day Bermuda \$594* Ocean View \$759* Balcony \$909*	7-Day Europe \$594* Ocean View \$889* Balcony \$1179*	7-Day Alaska \$621* Ocean View \$760* Balcony \$1034*	10-Day Caribbean \$889* Ocean View \$1104* Balcony \$1449*
Celebrity Cruises Receive FREE Pre-Paid Gratuities plus up to \$100 Onboard Credit on select sailings	7-Day Caribbean \$694* Ocean View \$794* Balcony \$894*	7-Day Alaska \$699* Ocean View \$894* Balcony \$1489*	11-Day Hawaii \$794* Ocean View \$944* Balcony \$1289*	12-Day Caribbean \$1194* Ocean View \$1479* Balcony \$1599*

800-387-6747

*Prices are pp/dt. Cruise only on select sailings. Certain restrictions apply. Gov't taxes and fees are additional. Prices include NCF's. Prices are quoted in US dollars. All itineraries and prices are current at time of printing and are subject to change without notice. All exclusive deals are per cabin on select ships and sail dates and are not redeemable for cash. Ships' Registry: The Bahamas and Panama. CST #2015595-50 / Lowest Price Guarantee. In order to qualify for the guarantee the competitor's rate that appears in the advertising must be available for booking and be on the identical Cruise-only product. (Ship, Date, Destination, Category, etc.) The customer must meet the requirements for any rules that apply from the cruise lines in offering the rate. The guarantee does not apply to air, land components, onboard charges etc. This offer is only valid on cruise lines that are members of CLIA.

CAREER TRAINING



Learn to review, code & process medical records & insurance claims in doctor's offices & medical facilities

MEDICAL BILLING & CODING

You could be the one helping patients with needed services in a comfortable medical setting

PRISM
 CAREER INSTITUTE

NE Phila
 Cherry Hill

Upper Darby
 Egg Hrb Twp

Call Anytime 24/7 for info
800-571-1902

www.prismcareerinstitute.edu

For disclosure information visit www.prismcareerinstitute.edu/disclosure/
 Programs vary by campus

3

Best in town

'Nova, Penn, Temple grab Big 5 honors

Villanova's Maalik Wayns and Penn's Tyler Bernardini were named the Big 5's co-Players of the Week. Wayns has scored 53 points in two Big East wins for the Wildcats, while Bernardini scored 24 in a win over Saint Joseph's. On the women's side, Shay Peddy of Temple was honored after pouring in 24 points in a recent win over Duquesne.

METRO

Winning



Sixers beat Wiz

The Sixers (12-5) started their home stand by beating Washington, 103-83.

Six different players scored in double figures, led by Jrue Holiday and Elton Brand with 17 points each. Jodie Meeks chipped in with 15.

The Sixers host New Jersey (7 p.m., CSN) tomorrow at the Wells Fargo Center.

Opinion

ANGELO CATALDI

THE VOICE OF THE PHILLY SPORTS FAN



BLAME REID FOR NO SPAGNUOLO

Andy Reid, the NFL head coach who is never wrong, was right again. Despite every shred of available data, Juan Castillo is a terrific defensive coordinator. Once again, the alternate universe where Reid resides is in direct conflict with the rest of the world.

Metro does not endorse the opinions of the author, or any opinions expressed on its pages. Opposing viewpoints are welcome. Send submissions to letters@metro.us.

Last week, one of the best NFL coordinators of the past decade, Steve Spagnuolo, agreed to run the defense in New Orleans, even though he has a long (and reportedly positive) history with Reid, and still maintains a home here. Why would Spagnuolo choose Bourbon Street over Broad Street, crawfish over cheesesteaks?

It's very simple, really.

Reid never wanted Spagnuolo to return. In fact, there is no evidence that Reid seriously discussed the job with him. All we know for sure is that Reid went on a weeklong vacation and then ducked back into hiding behind the thick, soundproof walls of the NovaCare Complex.

Reid hasn't spoken to the "best fans in the NFL," as he calls them, in 23 days. His last words on the direction of his underachieving team were: "I'll think about [the future] when I want to think about it." And he wonders why he has become the most disliked coach in a generation in Philadelphia?

Well, the coach may be mute, but the fans are not. Their frustration with Reid is unprecedented. It is beyond the darkest days of Rich Kotite and probably even Joe Kuharick. At least those bumbler didn't pretend they were smarter than

Quoted

"In Andy Reid's warped mind, Castillo will be a more effective defensive coordinator in 2012 than Spagnuolo."

everybody else.

Reid has now taken his idiotic decision to move Castillo to defense and amplified it into a full-blown fiasco by failing to hire Spagnuolo.

And make no mistake: Reid could have had Spagnuolo if he had wanted. The Eagles have already proven they'll spend whatever it takes, after shedding its reputation for cheapness in their free-agent frenzy last summer.

All things being equal, there was really no decision for Spagnuolo to make. The Eagles have the money, the talent (especially on the defensive line and in the secondary), the comfort of a previous working relationship and the pull of a wife whose family lives here. If Reid had really wanted Spagnuolo, there was no question the best defensive coordinator in the NFL would already be working here.

But we all know that didn't happen, and now we know why. Because Andy Reid, one more time, decided that he knew more than everybody else. In his warped mind, Juan Castillo will be a more effective defensive coordinator in 2012 than Steve Spagnuolo.

Hey, at least this time there is good news ahead. When Castillo fails again next season — and he will — the overburdened assistant will not walk out the door alone. Accompanying him, finally, will be his arrogant, delusional boss.

And even then, Andy Reid will be convinced he was right.

— Angelo Cataldi is the host of 94 WIP's Morning Show, which airs weekdays 5:30 a.m. to 10 a.m.

Nothing is ever really sacred

How are we supposed to feel? We all love sports because of the escape it provides, a refuge from the harsh realities of life.

And then the story over the weekend of Joe Paterno dying yanks us out of our fantasy world and forces us to deal with a jumble of conflicting emotions.

The first instinct when an extraordinary man like Joe Paterno passes away is to feel a deep sympathy not just toward him and his family, but also toward ourselves. If an ageless icon like Joe Paterno cannot escape — or at least temporarily deny — death, then what chance



Paterno

do the rest of us have?

And there are all of the people he has helped through his brilliance as a coach and his generosity as

a philanthropist. For generations into the future, his contributions to Penn State will reverberate. A new library, a spiritual center, a sports museum, they are all a part of his campus legacy.

But then two words jar the senses: Jerry Sandusky.

Can one horrific mistake in judgment undo over 60 years of achievement? Should it? The crimes are so unthinkable that it is too soon to consider the answer, and yet words must be spoken, today, that can bring some closure to an incredible life.

So how are we supposed to feel?

Right now, it has to be a mixture of appreciation for all that he achieved, but also a deep sadness that nothing is ever really sacred — inside or outside of sports. Not even Joe Paterno.

Idle thoughts from Cataldi ...

1 Must love Cole. Cole Hamels signed a one-year deal with the Phillies last week, avoiding a contentious arbitration hearing. But the agreement will not prevent the 2008 World Series hero from becoming a free agent after the 2012 season. The Phillies must not lose Hamels. The Phillies CANNOT lose Hamels.

2 Get well, Prongs. The most poignant story in Philadelphia sports is the condition of Flyers captain Chris Pronger, who is still suffering the effects of a concussion he received three months ago. This is no longer just about Pronger's future as a hockey player. Now it is about his future — period.

3 Mr. Glass? Spencer Hawes must be made of ceramic. He is 23 years old and has played well on those rare occasions when he could play at all. Twice he has been slowed by back issues, then the flu, and now an Achilles issue. Four different health issues in the first 17 games is ridiculous.



Spagnuolo will NOT coach the Eagles' defense in 2012.

Here's to the goats

One of the very first lessons of sports journalism is to visit the losers' locker room, because that's where the best stories reside.

And so it was in a championship weekend that proved once more that the NFL provides the best drama, and the best villains.

Billy Cundiff will never escape one brief moment in time when he hooked an easy 32-yard field goal and ruined an entire season for his teammates. Neither will Ravens receiver Lee Evans, who cradled a victory in his hands until the ball was swatted away at the last in-

stant by the Patriots.

And then there was the demoralizing story of Kyle Williams, a backup punt returner who fumbled twice for the 49ers and handed an NFC title to the Giants.

It wasn't surprising that teammates rallied around their newly-spawned goats after the massive gaffes. However, there is no excuse for undemanding sports towns like Baltimore and San Francisco to stifle their anger, too.

Well, since I'm always at the service of the modern athlete, I hereby offer some words of consolation to Cundiff and Evans and Williams: Things could be worse. You could play in Philadelphia, a place — I'm proud to say — not nearly so forgiving.

Reports: Union to host MLS All-Star Game

The eyes of the U.S. soccer world will turn to Chester this summer.

The Union will host the 2012 Major League Soccer All-Star Game at the city's PPL Park in late July, according to reports. The club has scheduled an 11 a.m. press conference today at City Hall for a "significant soccer announcement."



Philadelphia Mayor Michael Nutter and Chester Mayor John Linder will be there, along with MLS Commissioner Don Garber and Union CEO Nick Sakiewicz. PPL Park is one of the smaller stadiums in MLS, seating about 18,500 fans. **METRO**

Thomas no-show at White House

Tim Thomas doesn't like President Barack Obama. The Bruins goalie was

absent yesterday at the White House as his teammates were honored. "I believe the Federal government has grown out of control, threatening the Rights, Liberties, and Property of the People," Thomas wrote on Facebook. **METRO**

Research Participation Opportunity



You may qualify to participate in a research study:

- *Do you have **Type 2 Diabetes** or **High Blood Sugar**?
- *Are between **18 and 70** years of age?
- *Are **not** taking **insulin**?
- *Able to attend **8 visits** at our clinic?

Compensation for your time and travel provided. Call us to learn more about how you can participate in this study.

If interested call Nora at 215-746-2081



QRx Pharmacy & Health Supplies

WE ACCEPT ALL INSURANCES INCLUDING EXPRESS SCRIPTS!

MEDICAL SUPPLIES • MEDICAL PRODUCTS • VITAMINS
HEALTH & BEAUTY PRODUCTS • PERSONAL CARE & MORE

Multilingual staff: English, Espanol, Arabic, Hindi spoken



Transfer your **Rx** and get
\$7.00 in-store credit!

*limit one time per customer. Cannot be combined.

FREE DELIVERY!

HOURS: MON-FRI 9AM-8PM • SAT 9:30AM-5PM • SUN CLOSED

7063 CASTOR AVE. PHILA, PA 19149

P: 215.725.DRUG(3784) F: 215.725.3733

Medical Research

Check out Metro's Online Medical Research Directory at health.metro.us

To place an ad call Brian Lydon at 215-717-2694 or email brian.lydon@metro.us

DUAL

DUAL Action of Liraglutide and insulin degludec in type 2 diabetes

help change the future for people with type 2 diabetes

Did you know diabetes is one of the most serious health problems of our time?

It is important for patients and physicians to expand their knowledge of diabetes and explore ways to improve future treatment options for people with type 2 diabetes. Therefore, Founders Research is seeking people with type 2 diabetes to take part in the DUAL II trial, a clinical research study that could change the way type 2 diabetes is treated.

In return for their participation, patients will receive comprehensive care via regular health checks and medical testing, access to at no cost trial medication and blood glucose testing equipment as well as compensation for your time and travel.

For more information with no obligation, please ask your doctor/nurse for further information.

To join the trial you must be:

- 18 years of age or older
- Have type 2 diabetes
- Treated with basal insulin and 1-2 OAD (Metformin with or without sulfonylurea (SU) or glinides)
- Be able to attend 11 clinic visits and 23 phone contacts during the 29 weeks you participate in the trial

For More information call
Founders Research at
215-831-0445



Become a Practical Nurse
Full-time 12 month & Part-time 18 month program
CALL PITC AT **215-576-5650** PITC
Apply at www.pitc.edu
Financial Aid and Military benefits available for those who qualify.
For required program documents information, please go to <http://pitc.edu/ds.htm>
PITC START YOUR NURSING CAREER NOW
140 South Easton Road, Glenside, PA 19038
Classes Start: Full Time (12 months) **March 12, 2012** Part Time (18 months) **April 23, 2012**

EXIT EXIT BENCHMARK REALTY
441 E. Girard Ave Phila, PA 19125
www.ViewPhiladelphiaHomes.com
100% Financing • No Closing Cost
Not Credit-Based • Short Sale Specialists
Foreclosures • Rent To Own
Tony Goodman Broker/ Owner
Bus: 215-427-2870 • Cell: 215-479-7923
Each Exit Office is Independently Owned and Operated

Philadelphia's First and Only
COMPUTER THRIFT STORE
Computer Systems • Laptops • Accessories
Laptops Guaranteed for a Full Year • Desktop Computers Guaranteed for 3 Years!!
Mon.-Fri. 10am-6pm • Sat. 10am-4pm
Nonprofit Technology Resources
1524 Brandywine Street • 1 Block North of 15th & Spring Garden Sts.
Free Parking! We accept computer donations (Tax Write-Off!)
215-564-6686

70% of Metro readers have taken a domestic air round trip in the past year.
Source: Scarborough R2 2010, Base: 250K+
ADVERTISE WITH US: contact James McDonald
at 215-717-2600 or james.mcdonald@metro.us

INJURED AT WORK?
WE WILL FIGHT FOR YOU
• WORK INJURIES
• SOCIAL SECURITY DISABILITY
FREE CONSULTATION • SE HABLA ESPANOL
215-546-4208
CALL CHRISTY ADAMS, ESQ. • ADAMS RENZI LAW
CENTER CITY • 1429 Walnut St. NORTH PHILA. • 227 W. Lehigh Ave.

← PHILA →
THE BOULEVARD LAW CENTER
www.boulevardlaw.com
WORKERS' COMPENSATION LUMP SUM SETTLEMENTS
NORTHEAST PHILADELPHIA OFFICE
215-969-6550
1730 Welsh Rd (Corner of Bustleton & Welsh Rds), Phila, PA 19115
No Fee Unless You Recover Money

SOCIAL SECURITY & SSI DISABILITY
COHEN, FLUHR & GONZALEZ, P.C.
1608 Walnut Street, Suite 1108, Philadelphia PA, 19103
(215) 854-0060
Experienced Attorneys NO FEE UNTIL WE WIN

DIVORCE, BANKRUPTCY IMMIGRATION, TRAFFIC/DUI
ReinherzLaw.com
A Trusted, Fast & Affordable 2nd Generation Business
PHILA: 1315 Walnut St. Ste 804 **215-922-2055**
Also Convenient NJ Locations • 866-899-1387
Over 40 Years Combined Experience • Debt Relief Agency

Medical Malpractice
Cancer Misdiagnosis/Doctor Mistake
Birth Injury/Cerebral Palsy
Surgery Mistake/Hospital Death
PHYSICIAN-ATTORNEY (DOCTOR-LAWYER)
Yale & Harvard Trained MD-Lawyer On Staff
3x Named One Of PA's Rising Stars (Top Young Lawyers) in Medical Malpractice by Phila Magazine
As Co-counsel Achieved Millions Dollar Recoveries
PA & NJ (215) 592-9750
Law Offices of Tai Y. Wong, P.C.
1101 Market Street, Aramark Tower Suite 2820
Philadelphia, PA 19107
No Recovery - No Fee

CANCER MEDICAL MALPRACTICE PERSONAL INJURIES/DEATHS
Cancer/Medical/Hospital/Nursing Mistakes, Delays, Misdiagnosis, Injuries, Deaths.
Brain/Surgical/Orthopedic Injuries/Deaths.
Personal Injuries/Deaths.
Cases Are Reviewed with Expert Physicians Including Ivy league trained expert physicians.
4 Times Named one of Pennsylvania's best medical malpractice/Personal injury attorneys by Phila. Magazine with selections as a Pennsylvania Super Lawyer.
Has Recovered Millions of Dollars for Injured Clients.
Emmanuel Law Firm, LLC
Two Penn Center, 1500 JFK Blvd.
No Recovery-No Fee/Free Consultations
215-567-0493
www.emmanuelalawfirm.com

metro health

YOU CAN GET PAID to HELP FIND A CURE!

Find more medical research studies at **health.metro.us**.
Enroll in a study today and help the medical community find cures.

TO PLACE AN AD CONTACT BRIAN LYDON
at **215-717-2694** or **BRIAN.LYDON@METRO.US**

DIABETES clinical research study

If you qualify for a local research study, you may receive:

- Compensation up to \$1,000
- Free study-related diabetes medication
- Free, confidential care from a local doctor
- Diet and exercise counseling

Act now. Call 877-504-4636
Visit **www.mydiabetesoptions.com**

Project RISE (Reclaiming Inner Strength Every Day)
is recruiting men for a new health and wellness project in Philadelphia designed specifically for black men.

PHMC

- Are you a Black or African American man 18 years of age or older?
- Have you had sex with both men and women?
- Do you live in Philadelphia or the surrounding counties?

Call **1.866.255.9252** or email Project RISE at **projectrise Philly@gmail.com**
Compensation for time and travel provided.
All services are free and conveniently located in Center City.

REACH
RECOVERY EMPOWERMENT AND COMMUNITY HEALTH

FREE, confidential peer counseling services for gay/bisexual men dealing with alcohol, substance abuse, or sexual risk issues.

Gift cards provided to those who complete the program.

Contact
215-563-0652
x 245

mazzoni center
LGBT HEALTH & WELL-BEING

Children Needed for Eating Study!

The University of Pennsylvania is seeking boys and girls ages 8 to 10 years old and their mother to participate in an eating study.

Children will be asked to eat dinner in our Center one day a week for 3 weeks.

All meals and compensation (\$150) are provided.

Penn Medicine

Call 215-746-2061 for the KIDS' DINNER STUDY

NOT SEEING THE RESULTS YOU WANT FROM YOUR ANTIDEPRESSANT?

Please consider our depression research study.

Our office is conducting a research study to evaluate whether adding an investigational medication to an approved antidepressant therapy might give relief from the symptoms of major depressive disorder (MDD) when added to a current medication.

You may be able to take part in this study if you:

- Are 18 - 65 years old,
- Have been diagnosed with Major Depressive Disorder (MDD)
- Have been experiencing symptoms of depression for at least the past 2 months,
- Have been taking at least one antidepressant medication as prescribed but it is not helping you enough.

Additional study criteria will be assessed by the study doctor.
The study lasts 15 to 22 weeks. Participants will receive either the investigational medication or a placebo (an inactive substance).
All study-related medications, office visits and examinations will be provided to you at no cost.

Contact Information: 610 277-8073 **Keystone**
CLINICAL STUDIES, LLC

keystoneclinicalstudies.com

Are you a Survivor of Breast Cancer?

The University of Pennsylvania is recruiting volunteers for a new yearlong research study to learn more about the experiences of long-term breast cancer survivors. Eligible women will participate in a weight loss program, an exercise program, or both. All programs are paid for by the study.

If you are a breast cancer survivor of any age and live in Philadelphia, visit our website: **wiser2.med.upenn.edu** or call to learn more about the study and to find out if you are eligible.

215-573-6621

Minority women are encouraged to apply

Perelman
School of Medicine
UNIVERSITY OF PENNSYLVANIA

Struggling with Cocaine...?

The University of Pennsylvania Treatment Research Center is conducting residential and outpatient research studies aimed at helping you to stop your cocaine use. There is no cost to you.

Email or Call anytime -
addicted@med.upenn.edu
215.243.9959

Perelman
School of Medicine
UNIVERSITY OF PENNSYLVANIA

metro health

Medical Research

Check out Metro's Online Medical Research Directory at **health.metro.us**

To place an ad call **Brian Lydon** at **215-717-2694** or email **brian.lydon@metro.us**

Suffering from bipolar depression?

If so, please contact CRI Worldwide to learn about a research study of an investigational bipolar depression drug.

Qualified participants must:

- Be 18 - 65 years of age
- Have had past manic or mixed episodes of bipolar disorder
- Currently be in a depressed episode of bipolar disorder

Those who qualify will receive:

- All study-related evaluation and study medication at no cost
- Compensation for time and travel

CRI Worldwide
Clinical • Research • Integrity

For more information, call toll-free **1-866-793-7883** or visit **CRITRIALS.com**
SOUTH JERSEY • PHILADELPHIA

ROSACEA STUDY

Do you flush easily? Is your face often red? Do you have pimples around the nose? You may have rosacea.

To qualify for a clinical trial, evaluating an investigational gel designed for treating rosacea. You must be 18 years or older and have moderate rosacea. Qualified study participants will receive at no cost a dermatological evaluation, study medication or placebo and a stipend of up to \$160.00 (one hundred sixty) to cover time and travel.

For more information:
Paddington Testing Co., Inc
215-563-7330

**** Clinical Research Opportunity ****

Take Pain Meds? Have CONSTIPATION?

If you or a loved one is struggling with *constipation possibly caused by prescription pain medication*, take part in this clinical research study.

Take this opportunity to explore your possible treatment options by learning more.

COMPENSATION OF UP TO \$50 PER STUDY VISIT MAY BE AVAILABLE.

Call: 866-230-8333
Visit: **PainAndConstipation.com**

metroclassifieds

in print
&
online

TO PLACE AN AD:

- 866-900-9473
- CLASSIFIED.METRO.US
- PHILLYCLASSIFIEDS@METRO.US

CLASSIFIED AD DEADLINE:
6PM TWO (2) BUSINESS DAYS BEFORE PUBLICATION

IMPORTANT INFORMATION:
All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance at Metro U.S. option. Metro U.S. reserves the right to edit, reject, cancel or reclassify an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.

Real Estate/Sale



PUBLISHERS NOTE

All real estate advertising herein is subject to the Federal Fair Housing Act of 1968 and state and local fair housing laws. The Fair Housing Act makes it illegal to advertise any preference, limitation or discrimination on the basis of race, color, religion, sex, handicap, familial status, or national origin or an intention to make any such preference, limitation or discrimination. State or local laws may make unlawful advertising that discriminates on the basis of age, marital status, or sexual orientation. Metro US will not knowingly accept any advertising for real estate which violates the law. The law requires that all dwellings advertised are available on an equal opportunity basis. If you have any questions regarding housing discrimination, call the Long Island Housing Services at (800) 660-6920 in Long Island or the Anti-Discrimination Center at (212) 346-7600 in New York City. To file a complaint call HUD toll-free at (800) 669-9777 or the New York City Commission on Human Rights at (212) 306-7500

Mobile Homes

NEW & Pre-Owned Homes in Bensalem. Why rent when you can own? Terry's Mobile Homes, 215-639-2422

Homes

Real Estate/Rent

Apartments

Feasterville CROFTWOOD APTS
happy New Year
1 BR \$899.00
Free Heat & Water
\$99.00 Security Deposit!
Going Fast - Call Today!
Satisfaction Guaranteed
215-355-3048

EDGEWATER PARK
Jefferson Square Condos
Beautiful 1 BR, near River
Line & bus, pool. \$950.
Helen, 609-500-0762

COUNTRY MANOR
Levittown
WINTER SPECIALS
\$100 off 1st mo rent
•PRIVATE ENTRANCES
•FITNESS CENTER
•Patios & Balconies
BUCKS COUNTY'S BEST
KEPT SECRET
215-945-1699
westovercompanies.com

Apartments Available Now
Studios one and two BRs.
69th Street area.
Half off first month's rent.
Heat, gas and hot water included. Call 610-734-2360

Room for Rent
German town vicinity
Medium sized furnished room.
Near transportation.
One week free.
215-848-0108 or 215-848-0391

Pets

Border Collie/American
Eskimo Pups for Sale,
8 wks old, \$300 each.
Call 609-894-0352.

Homes

Homes

House For Sale
\$465.20 a month
3 Bedrooms, Excellent condition
Nick's Real Estate
(215) 425-3500

metroclassifieds
to place an ad call
866-900-9473
or visit us at www.metro.us

Jobs

General Help Wanted

General Help Wanted

Jobs!!! Jobs!!!
Now expanding • Immediate Hire
\$22 hr. avg earn
No Selling
FREE TRAINING - Call 215-667-8711

CUSTOMER SERVICE
Phila. & surrounding areas
• No exp. necessary • Entry Level/MGMT positions avail.
• Training provided • Competitive pay
• Close to public trans. SEPTA
For an interview, please call Ms. Rose at (215) 207-0998

Employees Needed
START IMMEDIATELY!! AVERAGE \$18/hr
10 Entry level openings
REGISTRATION AGENTS
No experience required • Training provided
Training Incentive Offered
484-270-1626

Housekeepers
CC Hotels & Hospitals
No exp. To \$14/hr.
PAL, 107 W. Girard.
215-203-8745 Fee

Sales / Marketing

Technical Sales: Sales to hospital, and research laboratories. Client is looking for a Bachelors of Science Degree individual in science, or business. We also require at least three years of technical outside sales experience. Hospital laboratory experience a plus, but not a substitute for the sales experience required. Salary, and commission will be mid 90k range compensation at target. Car plan, and benefits package are included as well. This is not an entry level position. Travel up to 40% regionally. Excellent computer skills, and territory management required as well. References, and complete background checks will be performed. Send qualified resumes to MDM_recruiting@msn.com in word attach format only. No phone calls please.

Notices

Public Notices

Articles of Incorporation Notice: This hereby given that articles incorporation has been filed with the Dept. of Commonwealth of Pennsylvania on 10/18/11. Under the domestic nonprofit corporation law. For Living With Dignity, Inc. The register address is 7918 Thouran Ave. Phila. Pa. 19150.

For Sale

Miscellaneous

AUCTION
Diamondback Trading Post
Furniture, Antiques,
Household items Collectibles
Thursday, Jan 26th
Preview 5pm - Auction 6pm
185 Route 70, Medford, NJ
Diamondbacktrading.com
609-654-5600

We Buy Anything. Estates,
lawn & garden tools,
contractor tools, go carts &
mini bikes & small
scooters. 267-640-2018

Garage & Yard Sales

Bedroom Set, Brand New,
Sp. Twin, Full, Queen,
King size, \$499. Delivery
Avail. Call 215-355-3878

BED Brand New Queen Pillow
top Mattress Set in
plastic w/warranty \$175.
Delivery avail. 215-355-3878

Absolute Bargain. Queen
Pillow Top Mattress Set.
\$140. New in plastic. Must
sell. 267-495-4108

Personals

SEEKING SINGLES!!!
Listen to ads FREE!
856-288-2030. Chat w/people in
your local area. 18+

Career Training

1...2...3...4
Every second counts
when you are a
Cardiovascular Sonographer!
Learn more about this
exciting field and how
you can start training today!
Every second counts, call NOW
888-471-5333
Sanford-Brown Institute
3600 Horizon Blvd., Suite G-1
Trevose, PA 19053
sanfordbrown.edu

Tired of your Job?
Want to pursue a new career?
Not sure where to start??
With training in
Medical Assisting
you too can start
a new chapter in your life!
Call now to get started!
888-471-5333
Sanford-Brown Institute
3600 Horizon Blvd., Suite G-1
Trevose, PA 19053
sanfordbrown.edu

BOY OR GIRL?
Train in
**DIAGNOSTIC MEDICAL
SONOGRAPHY**
Also known as
Ultrasound
and you could help track
the growth and health of
babies or help doctors
diagnose injuries and illness!
888-471-5333
Sanford-Brown Institute
3600 Horizon Blvd., Suite G-1
Trevose, PA 19053
sanfordbrown.edu

WANT TO HELP PEOPLE?
Train for a new career as a
Pharmacy Technician!
Call Now! 800-761-7504
Kaplan Career Institute - Broomall Campus
1991 Sprout Road, Suite 42, Broomall, PA 19008
Kaplan Career Institute - Franklin Campus
177 Franklin Mills Blvd., Philadelphia, PA 19154
Information about programs at
www.go.kcibroomall.com or
www.go.kcifranklinmills.com

TIME FOR A NEW CAREER?
Start training as an
HVACR Technician!
Call Now! 800-761-7504
Kaplan Career Institute -
Broomall Campus
1991 Sprout Road, Suite 42,
Broomall, PA 19008
Information about programs at
www.go.kcibroomall.com

**SEARCHING FOR A CAREER
IN THE MEDICAL FIELD?**
Train as a
MEDICAL ASSISTANT!
Call Now! 800-761-7504
Kaplan Career Institute - Broomall Campus
1991 Sprout Road, Suite 42, Broomall, PA 19008
Kaplan Career Institute - Franklin Campus
177 Franklin Mills Blvd., Philadelphia, PA 19154
Kaplan Career Institute - Philadelphia Campus
3010 Market Street, Philadelphia, PA 19104
Information about programs at
www.go.studentstrnow.com

A CAREER WITH INDEPENDENCE!
Take the first steps toward
training to become an
ELECTRICAL TECHNICIAN
Call Now! 800-761-7504
Kaplan Career Institute - Broomall Campus
1991 Sprout Road, Suite 42, Broomall, PA 19008
Kaplan Career Institute - Franklin Campus
177 Franklin Mills Blvd., Philadelphia, PA 19154
Kaplan Career Institute - Philadelphia Campus
3010 Market Street, Philadelphia, PA 19104
Information about programs at
www.go.studentstrnow.com

**A DOCTOR COULD USE
YOUR HELP**
Get Career Training in
PRACTICAL NURSING
800-571-1902
Prism Career Institute
NE Phila • Cherry Hill
for disclosure info go to
prismcareerinstitute.edu/disclosure/

metroclassifieds
TO PLACE AN AD CALL 866-900-9473

You could go places with a
SPECIALIZED ASSOCIATE DEGREE
(Paralegal & Accounting Grads)
Medical Assistant • Medical Billing/Coding
Health Information Technology
Early Childhood Education
800-571-2213
Call Anytime 24/7 for info
Prism Career Institute
6800 Market St. Upper Darby
Across From 69th St. Terminal
for disclosure info go to
prismcareerinstitute.edu/disclosure/

Vehicles

Miscellaneous

Car Remotes!

Car Chip Keys!
REMOTE START!
Sales, Repair & Programming
215-486-7040 ~ Fairless Hills
10% off! Stu's EZ Auto Remotes

WE BUY ANY & ALL
JUNK CARS! \$400 & UP!
FREE TOWING!
Call: 609-316-1567

\$ TOP DOLLAR PAID \$
JUNK CARS/TRUCKS
Lost title ok. Free pickup.
215-370-5419

WE BUY JUNK CARS
\$300 CASH PAID
GUARANTEED
FREE TOWING
SAME DAY PICK-UP
267-229-1970

Vehicles Wanted

**WE BUY ANY AND ALL
JUNK CARS \$200-600**
We also offer towing
services
Cars can be running
or not running
Call 267-377-3088 Junk Cars &
Towing 267-377-3088

We Buy Junk Cars & Trucks
\$300 GUARANTEED - \$500
215-200-3401 or
1-855-TOW-5050
VISIT US @
www.50dollartow.com
Fastest Pickup in the City

A1 Prices
Pays For Junk Cars!
Call 215-726-7711

UP TO \$1100!!!!!!
For Cars w/ Bad Engines
450 CASH \$\$\$
For Any Junk Cars
215-669-1000

Careers

Services

Careers

**HIGH SCHOOL
DIPLOMA FROM HOME**
6-8 weeks accredited
Get a Diploma! Get a Job!
Call 24/7 for free brochure
1-800-264-8330
www.diplomafromhome.com
Benjamin Franklin High School

Miscellaneous

\$CASH PAID!!
Buying diabetic test strips,
nicotine patches, gum, En-
sure, Prilosec and Mucinex.
We beat all competitor's
prices. For local pick-up call
215-395-7100

**CASH FOR DIABETIC
TEST STRIPS**
Also buying: Ensure, new
medical equipment,
Prilosec, Mucinex and ex-
pired strips. Top dollar paid
267-275-1717

Business Opportunities

Business Opportunities

**BENSALEM Restaurant for
sale.** Catherine's Restau-
rant, 3334 Bristol Rd., Ben-
salem, PA 19020. 20 years
same location. Priced to
sell. Call Andrew, 215-512-1896

**SEARCH IT. FIND IT.
metroclassifieds BUY IT.**

**Surprise
Your Valentine**
with Metro Classified's Love Notes on
Valentine's Day (Tuesday, February 14)

Ads starting at \$20
Plus you'll have a chance to
**WIN AIRFARE FOR
TWO TO ROMANTIC
MADRID, SPAIN**
sponsored by
AirEuropa
Visit: metroclassifiedsus.adperfect.com

**reserve
your space**
DEADLINE: two (2) business days
prior to publication at noon.
866-900-9473
metroclassifieds



Helping Families Find The Courage To Recover

Recovery from chemical dependency is a process that no one can achieve alone. Seabrook House helps individuals and their families reclaim their lives in a safe, healing environment. Founded by Jerry and Peg Diehl in 1974, Seabrook House is licensed and CARF-accredited to provide a range of programs, including specialized opioid detox.

Our main treatment center is only 45 minutes from Philadelphia, nestled on a 40-acre manicured estate in rural Southern New Jersey, offering a beautiful, tranquil setting for self-discovery. You can rebuild your life. Treatment works.

Most insurances are accepted. Call to find out about scholarships through the Seabrook House Foundation.



Available 24 hours a day

800-761-7575

www.seabrookhouse.org

133 Polk Lane, Seabrook, New Jersey, USA 08302 • 355 Church Street, Westfield, Pennsylvania, USA 16950